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Gravastar formation: What can be the evidence of a black hole?

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Any observer outside black holes cannot detect any physical signal produced by the black holes themselves, since, by definition, the black holes are not located in the causal past of the outside observer. In fact, what we regard as black hole candidates in our view are not black holes but will be gravitationally contracting objects. As well known, a black hole will form by a gravitationally collapsing object in the infinite future in the views of distant observers like us. At the very late stage of the gravitational collapse, the gravitationally contracting object behaves as a blackbody due to its gravity. Due to this behavior, the physical signals produced around it (e.g., the quasinormal ringings and the shadow image) will be very similar to those caused in the eternal black hole spacetime. However, those physical signals do not necessarily imply the formation of a black hole in the future, since we cannot rule out the possibility that the formation of the black hole is prevented by some unexpected event in the future yet unobserved. As such an example, we propose a scenario in which the final state of the gravitationally contracting spherical thin shell is a gravastar that has been proposed as a final configuration alternative to a black hole by Mazur and Mottola. This scenario implies that time necessary to observe the moment of the gravastar formation can be much longer than the lifetime of the present civilization, although such a scenario seems to be possible only if the dominant energy condition is largely violated.

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I. INTRODUCTION

The black hole is defined as a complement of the causal past of the future null infinity (see, e.g., [1,2]) or, in physical terminology, a domain that is outside the view of any observer located outside it. As well known, not only general relativity but also many modified theories of gravity predict the formation of black holes through the gravitational collapse of massive objects in our Universe. Many black hole candidates have been found through electromagnetic (see, for example, [3]) and gravitational radiations [4].

Hereafter, any discussion in this paper will be basically based on general relativity. Figure 1 is the conformal diagram that describes the formation of a black hole through the gravitational collapse of a spherical massive object; the region shaded by gray is the black hole, the region shaded by green is the collapsing massive object, the dark red curve λ is the world line of a typical observer with finite lifetime outside the black hole, and the region shaded by blue is the causal past of the observer often denoted by $J^{-}(\lambda)$. The causal past of the observer is defined as a set of all events which can be connected to λ by causal curves, i.e., timelike or null curves; we believe that our situation in our Universe is similar to the observer λ . Thus any event outside $J^{-}(\lambda)$ cannot causally affect the observer λ . As can be seen in Fig. 1, the black hole is outside the causal past of the observer λ , and hence any signal detected by the observer λ (e.g., the black hole shadow, the quasinormal ringing of gravitational radiation, the relativistic jet produced through the Blandford-Znajek effect [5]) cannot be caused by the back hole itself, although they strongly suggest the formation of the black hole as can be seen in Fig. 1. As well known, the black hole will form after infinite time has elapsed in the view of the distant observers.

The black hole is often explained as an invisible astronomical object, but rigorously speaking, this explanation is inappropriate. We call an object invisible if it is in our view but does not emit anything detectable to our eyes or detectors. However, the black hole is located outside the view of the outside observer; this is the reason why the outside observer cannot see it. In the view of the outside observer, there is a gravitationally contracting object whose surface is asymptotically approaching the corresponding event horizon.

Although the black hole is a promising final configuration of a gravitationally collapsing object in the framework of general relativity, various alternatives have been proposed (see, for example, [6] and references therein).



FIG. 1. The conformal diagram of the black hole formation through the gravitational collapse of a spherical object is depicted.



FIG. 2. Typical null geodesics emanated from the event p in past direction toward the shadow image observed at p are depicted in the conformal diagram of the maximally extended Schwarzschild black spacetime. From this figure, we see that the shadow image is not produced by the absorption of photons into the black hole but is an image of the white hole with no radiation. If the white hole emits photons, the shadow image can be colored.

We usually think that if a black hole candidate is not a black hole, it should be a static or stationary compact object and believe that we will find differences from the black hole in observational data [6]. As mentioned in the above, any observer sees not black holes but gravitationally contracting objects and regards them as black holes. In the very late stage of the gravitational collapse of the massive object, distant observers can take a photo of the same shadow image as that in the eternal black hole spacetime with the boundary condition under which nothing is emitted from the white hole. Almost the same quasinormal mode spectrum of gravitational waves as that of an eternal black hole spacetime will be generated around the contracting object in the very late stage and detected by distant observers. However, it should be noted that we cannot conclude from these observables that the black hole must form, since there is always the possibility that the formation of the black hole is prevented by some *unexpected events* and the contracting object settles into some alternative to the black hole in the future.

In this paper, we revisit a very simple model which describes the gravitational collapse of an infinitesimally thin spherical shell and offer a scenario of the gravitational collapse accompanied by the formation of not a black hole but a gravastar that has been proposed as a final configuration of a gravitationally collapsing object alternative to a black hole by Mazur and Mottola [7]. Our model shows that it is observationally very important when the gravastar formation begins. If the gravastar formation occurs in the very late stage of the gravitational collapse, the observers like as λ will get shadow images and a quasinormal mode spectrum of gravitational waves which are almost the same as those of the maximally extended Schwarzschild spacetime with the boundary condition under which nothing emerges from the white hole.¹ In this scenario, the unexpected event to prevent the black hole formation is the gravastar formation.

This paper is organized as follows. In Sec. II, we briefly review the basic equations to treat an infinitesimally thin spherical massive shell. In Sec. III, based on the analyses of null rays in the spacetime with a spherical massive shell in Appendix A, we discuss why a massive object without the event horizon is regarded as a black hole candidate in the very late stage of its gravitational collapse in the view of distant observers. Then, we give a model which represents a decay of the dust shell into two concentric timelike shells in Sec. IV. In Sec. V, we show a scenario in which a gravastar forms in the very late stage of the gravitational collapse of the dust shell; the gravastar formation is triggered by the decay of the dust shell. Section VI is devoted to summary and discussion. In Appendix B, we show that the Bianchi identity leads to the conservation of the four-momentum at the decay event.

In this paper, we adopt the abstract index notation, the sign conventions of the metric and Riemann tensors in Ref. [2], and basically the geometrized unit in which Newton's gravitational constant and the speed of light are one. If convenient, we adopt natural units with notice.

¹In the case of the maximally extended Schwarzschild spacetime, the so-called black hole shadow is the image of the white hole in the sense that if the white hole emits photons whose color is blue to distant observers, the shadow images are blue (see Fig. 2).

II. EQUATION OF MOTION OF A SPHERICAL SHELL

In this section, we give basic equations to study the motion of a spherically symmetric massive shell which is infinitesimally thin and generates a timelike hypersurface through its motion. We will refer to this hypersurface as the world hypersurface of the shell. The world hypersurface of the shell divides the spacetime into two domains. These domains are denoted by D_+ and D_- . The situation is understood by Fig. 3.

The geometry of the domains D_{\pm} are assumed to be described by the Schwarzschild–de Sitter spacetime; the infinitesimal world interval is given by

$$ds^{2} = -F_{\pm}(r)dt_{\pm}^{2} + \frac{1}{F_{\pm}(r)}dr^{2} + r^{2}(d\theta^{2} + \sin^{2}\theta d\phi^{2}),$$
(1)

with

$$F_{\pm}(r) = 1 - \frac{2M_{\pm}}{r} - \frac{\Lambda_{\pm}}{3}r^2, \qquad (2)$$

where M_{\pm} and Λ_{\pm} are the mass parameter, the charge parameter, and the cosmological constant in the domains D_{\pm} , respectively. We should note that the time coordinate is not continuous at the shell and hence it is denoted by t_{+} in the domain D_{+} and by t_{-} in the domain D_{-} , whereas r, θ , and ϕ are everywhere continuous.

Since the finite energy and the finite momentum concentrate on the infinitesimally thin region, the stress-energy tensor diverges on the shell. This fact implies that the shell is categorized into the so-called scalar polynomial singularity [8] through the Einstein equations. Even though the



FIG. 3. A schematic diagram of the situation considered in Sec. II. The vertical direction is timelike, whereas the horizontal direction is spacelike. The world hypersurface of the shell is a thick curve. The four-velocity u^a is the timelike unit tangent to and n^a is the unit normal to the world hypersurface of the shell.

shell is a spacetime singularity, we can derive its equation of motion from the Einstein equations through Israel's formalism [9], since the singularity is so weak that its intrinsic metric on the world hypersurface of the shell exists and the extrinsic curvature defined on each side of the world hypersurface is finite. Hence, hereafter, we do not regard the shell as a spacetime singularity.

We cover the neighborhood of the world hypersurface of the shell by the Gaussian normal coordinate λ , where $\partial/\partial \lambda$ is a unit vector normal to the shell and directs from D_{-} to D_{+} . Then, the sufficient condition to apply Israel's formalism is that the stress-energy tensor is written in the form

$$T^{ab} = S^{ab}\delta(\lambda - \lambda_{\rm s}),\tag{3}$$

where the shell is located at $\lambda = \lambda_s$, $\delta(x)$ is Dirac's delta function, and S^{ab} is the surface stress-energy tensor on the shell.

We impose that the metric tensor g_{ab} is continuous even at the shell. Hereafter, n^a denotes the unit normal vector to the shell, instead of $\partial/\partial \lambda$. The intrinsic metric of the world hypersurface of the shell is given by

$$h_{ab} = g_{ab} - n_a n_b, \tag{4}$$

and the extrinsic curvature is defined as

$$K_{ab}^{\pm} = -h^c{}_a h^d{}_b \nabla_c^{(\pm)} n_d, \qquad (5)$$

where $\nabla_c^{(\pm)}$ is the covariant derivative with respect to the metric in the domain D_{\pm} . This extrinsic curvature describes how the world hypersurface of the shell is embedded into the domain D_{\pm} . In accordance with Israel's formalism, the Einstein equations lead to

$$K_{ab}^{+} - K_{ab}^{-} = 8\pi \left(S_{ab} - \frac{1}{2} h_{ab} \text{tr} S \right), \tag{6}$$

where trS is the trace of S_{ab} . Equation (6) gives us the condition of the metric junction.

By the spherical symmetry of the system, the surface stress-energy tensor of the shell should be the following form;

$$S_{ab} = \sigma u_a u_b + P(h_{ab} + u_a u_b), \tag{7}$$

where, if we assume that the shell is composed of the perfect fluid type matter, σ , P, and u^a are the energy per unit area, the tangential pressure, and the four-velocity, respectively. Due to the spherical symmetry of the system, the motion of the shell is described in the form of $t_{\pm} = T_{\pm}(\tau)$ and $r = R(\tau)$, where τ is the proper time of the shell. The four-velocity is given by

$$u^{\mu} = (\dot{T}_{\pm}, \dot{R}, 0, 0), \tag{8}$$

where a dot represents a derivative with respect to τ . Then, n_u is given by

$$n_{\mu} = (-\dot{R}, \dot{T}_{\pm}, 0, 0). \tag{9}$$

Together with u^{μ} and n^{μ} , the following unit vectors form an orthonormal frame,

$$\hat{\theta}^{\mu} = \left(0, 0, \frac{1}{r}, 0\right),\tag{10}$$

$$\hat{\phi}^{\mu} = \left(0, 0, 0, \frac{1}{r\sin\theta}\right). \tag{11}$$

The extrinsic curvature is obtained as

$$K_{ab}^{\pm}u^{a}u^{b} = \frac{1}{F_{\pm}\dot{T}_{\pm}} \left(\ddot{R} + \frac{F_{\pm}'}{2} \right), \tag{12}$$

$$K_{ab}^{\pm}\hat{\theta}^{a}\hat{\theta}^{b} = K_{ab}^{\pm}\hat{\phi}^{a}\hat{\phi}^{b} = -n^{a}\partial_{a}\ln r|_{D_{\pm}} = -\frac{F_{\pm}}{R}\dot{T}_{\pm}$$
(13)

and the other components vanish, where

$$F_{\pm} = F_{\pm}(R), \tag{14}$$

and a prime represents a derivative with respect to its argument, i.e.,

$$F'_{\pm} = \frac{dF_{\pm}(R)}{dR}.$$
(15)

By the normalization condition $u^{\mu}u_{\mu} = -1$, we have

$$\dot{T}_{\pm} = \frac{1}{F_{\pm}} \sqrt{\dot{R}^2 + F_{\pm}},$$
 (16)

where we have assumed that the shell exists outside the black hole and u^a is future directed. Substituting Eq. (16) into Eq. (13), we have

$$K^{\pm}_{ab}\hat{\theta}^{a}\hat{\theta}^{b} = -\frac{1}{R}\sqrt{\dot{R}^{2} + F_{\pm}}.$$
(17)

From Eqs. (6) and (17), we have

$$-\frac{1}{R}\sqrt{\dot{R}^2 + F_+} + \frac{1}{R}\sqrt{\dot{R}^2 + F_-} = 4\pi\sigma.$$
 (18)

Hereafter, we assume the weak energy condition $\sigma \ge 0$. Then, Eq. (18) leads to

$$F_{-} > F_{+}.$$
 (19)

From the u-u component of Eq. (6), we obtain the following relations:

$$\frac{dm}{d\tau} + 4\pi P \frac{dR^2}{d\tau} = 0, \qquad (20)$$

where m is the proper mass of the shell defined as

$$m \coloneqq 4\pi\sigma R^2. \tag{21}$$

By dividing both sides of Eq. (20) by $dR/d\tau$, we have

$$\frac{dm}{dR} + 8\pi PR = 0. \tag{22}$$

By giving the equation of state to determine P, Eq. (22) determines the dependence of m on R. Hereafter, we assume σ is positive so that the energy density is positive in the rest frame of the shell, and hence m is also positive.

In general, the energy cannot be uniquely defined within the framework of general relativity. However, in the case of the spherically symmetric spacetime, quasilocal energies proposed by many researchers agree with the so-called Misner-Sharp energy (see, for example, Ref. [10]). The Misner-Sharp energy just on each side of the shell is given as

$$\mathcal{M}_{\pm} = \frac{R}{2} (1 - F_{\pm}). \tag{23}$$

Hence, the Misner-Sharp energy included by the shell is given by

$$\mathcal{M} = \frac{R}{2}(F_{-} - F_{+}).$$
(24)

From Eq. (18), we have

$$\sqrt{\dot{R}^2 + F_{\pm}} \pm \frac{m}{R} = \sqrt{\dot{R}^2 + F_{\mp}},$$
 (25)

where we have used Eq. (21). By taking the square of Eq. (25), we obtain

$$\sqrt{\dot{R}^2 + F_{\pm}} = E \mp \frac{m}{2R},\tag{26}$$

where

$$E = \frac{R}{2m}(F_- - F_+) = \frac{\mathcal{M}}{m} \tag{27}$$

is the specific energy of the shell. By taking the square of Eq. (26), we obtain the energy equations for the shell as follows:

$$\dot{R}^2 + U(R) = 0 \tag{28}$$

with

$$U(R) = F_{\pm} - \left(E \mp \frac{m}{2R}\right)^2.$$
 (29)

Here note that unless P = 0, m and E in Eq. (29) depend on R.

Since the left-hand side of Eq. (26) is positive, the righthand side should also be positive,

$$E - \frac{m}{2R} > 0. \tag{30}$$

By substituting Eq. (26) into Eq. (16), we have

$$\dot{T}_{\pm} = \frac{1}{F_{\pm}} \left(E \mp \frac{m}{2R} \right). \tag{31}$$

Here note again that Eq. (18) is obtained under the assumption that the shell is located outside the black hole. If the shell is in the black hole, Eq. (30) is not necessarily satisfied, and accordingly, \dot{T}_{\pm} is not necessarily positive.

III. VERY LATE STAGE OF THE GRAVITATIONALLY CONTRACTING SHELL

In Appendix A, by studying null rays in the spacetime with a spherical shell, we show that the *contracting* shell with the radius very close to its gravitational radius effectively behaves as a blackbody due to its gravity, even though the material of the shell causes the specular reflection of or is transparent to null rays: both the null ray reflected by the shell and that transmitted through the shell suffer the large redshift or are trapped in the neighborhood of the shell. Hence, the behavior of any physical field in this spacetime will be very similar to those in the maximally extended Schwarzschild spacetime with the boundary condition under which nothing appears from the white hole: the contracting shell corresponds to the white hole horizon. In the late stage of the gravitational collapse, the image of the shell and the spectrum of the quasinormal modes will be very similar to the black hole shadow and the quasinormal modes of the Schwarzschild spacetime. By contrast, the static shell will show images distinctive from the black hole shadow, if it is composed of transparent or reflective materials, since, as shown in Appendix A, the angular frequency of a null ray perfectly reflected at or transmitted through the static shell is the same as that of the incident one. Even if the inside of the static shell is not empty but filled with the vacuum energy, the result will be unchanged as long as the vacuum energy is transparent to the null rays. The time necessary for traveling from the source of the null rays to the distant observer can be very long due to the strong redshift if the radius of the static shell is very close to the gravitational radius. However, even though its radius is very close to the gravitational radius, as long as the shell has already been static in the causal past of the observer, the observer can see the reflected or transmitted null rays from some sources around it without suffering strong redshift: the distant observer will merely see very old distorted images of sources. By contrast, it is a subtle problem whether easily appreciable differences appear in the quasinormal modes of collapsing and static shells due to the long delay of echoes if the radius of the shell is very close to the gravitational radius.

IV. DECAY OF A TIMELIKE SHELL: CONSERVATION LAW

In this section, we consider the decay process of a spherical massive shell into two daughter spherical shells concentric with the parent shell. In the next section, this decay process is regarded as a trigger of the gravastar formation.

We call the parent shell shell 0 and assume that shell 0 initially contracts but decays just before the formation of a black hole. One of two daughter shells called shell 1 is located outside the other one called shell 2 (see Fig. 4). Shell 0, shell 1, and shell 2 divide the spacetime into three domains: D_0 is the domain whose boundary is composed of shell 0 and shell 2, D_1 is the domain whose boundary is composed of shell 0 and shell 1, and shell 1, and D_2 is the domain whose boundary is composed of shell 1 and shell 2.

The infinitesimal world intervals of the three domains D_i (*i* = 0, 1, 2) are given as

$$ds^{2} = -F_{i}(r)dt_{i}^{2} + \frac{dr^{2}}{F_{i}(r)} + r^{2}(d\theta^{2} + \sin^{2}\theta d\phi^{2}), \qquad (32)$$

where

$$F_i(r) = 1 - \frac{2M_i}{r} - \frac{\Lambda_i}{3}r^2.$$
 (33)



FIG. 4. The schematic diagram representing the decay of shell 0 into shell 1 and shell 2 is depicted.

For later convenience, we introduce the dyad basis related to the two-sphere whose components are, in all domains, given as

$$\hat{\theta}^{\mu} = \left(0, 0, \frac{1}{r}, 0\right),\tag{34}$$

$$\hat{\phi}^{\mu} = \left(0, 0, 0, \frac{1}{r\sin\theta}\right). \tag{35}$$

By virtue of the spherical symmetry, the surface stressenergy tensor of shell I (I = 0, 1, 2) is given in the form

$$S_{(I)}^{ab} = \sigma_{(I)} u_{(I)}^{a} u_{(I)}^{b} + P_{(I)} H^{ab}, \qquad (36)$$

where $\sigma_{(I)}$, $P_{(I)}$, and $u^a_{(I)}$ are the surface energy density, the tangential pressure, and the four-velocity of shell *I*, respectively, and

$$H^{ab} = \hat{\theta}^a \hat{\theta}^b + \hat{\phi}^a \hat{\phi}^b. \tag{37}$$

We assume that $\sigma_{(I)}$ is positive.

The radial coordinate of the decay event *d* is denoted by $r = r_d$. Hereafter, the time and radial coordinates of shell *I* are denoted by $T_{(I)i}$ and $R_{(I)}$, where *i* is the index to specify the time coordinate in the domain D_i (i = 0, 1, 2): as mentioned, the time coordinate is not continuous at the shells. Then, we introduce the orthonormal basis of the center of mass frame at *d*. The components of them are given as

$$u^{\alpha}_{(0)i} = (\dot{T}_{(0)i}, \dot{R}_{(0)}, 0, 0), \tag{38}$$

$$n_{(0)i}^{\alpha} = \left(\frac{R_{(0)}}{F_i(r_{\rm d})}, F_i(r_{\rm d})\dot{T}_{(0)i}, 0, 0\right),\tag{39}$$

$$\hat{\theta}^{\alpha} = \left(0, 0, \frac{1}{r_{\rm d}}, 0\right),\tag{40}$$

$$\hat{\phi}^{\alpha} = \left(0, 0, 0, \frac{1}{r_{\rm d} \sin \theta}\right),\tag{41}$$

where i = 0 (i = 1) represents the components in D_0 (D_1), and a dot means the derivative with respect to the proper time of shell 0.

Hereafter, we assume that the decay occurs before shell 0 forms a black hole, i.e.,

$$F_2(r_{\rm d}) > 0.$$
 (42)

The four-velocity $u^a_{(J)}$ (J = 1, 2) at *d* is written in the form

$$u_{(J)}^{a} = \Gamma_{(J)}u_{(0)}^{a} + \epsilon_{(J)}\sqrt{\Gamma_{(J)}^{2} - 1}n_{(0)}^{a}, \qquad (43)$$

where $\Gamma_{(J)}$ is a positive number larger than one, and $\epsilon_{(J)} = \pm 1$ is the sign factor which will be fixed by the momentum conservation.

We require the conservation of four-momentum at d,

$$m_{(0)}u^a_{(0)} = m_{(1)}u^a_{(1)} + m_{(2)}u^a_{(2)}, \tag{44}$$

where

$$m_{(I)} \coloneqq 4\pi R_{(I)}^2 \sigma_{(I)}.$$
 (45)

Note that $m_{(I)}$ is positive since we assume $\sigma_{(I)}$ is positive. The derivation of the conservation law from the Bianchi identity is shown in Appendix B.

The u component of Eq. (44) leads to

$$m_{(0)} = m_{(1)}\Gamma_{(1)} + m_{(2)}\Gamma_{(2)}, \qquad (46)$$

whereas the n component leads to

$$0 = m_{(1)}\epsilon_{(1)}\sqrt{\Gamma_{(1)}^2 - 1} + m_{(2)}\epsilon_{(2)}\sqrt{\Gamma_{(2)}^2 - 1}.$$
 (47)

Since $m_{(J)}$ is positive, Eq. (47) implies that $\epsilon_{(1)} = +1$ and $\epsilon_{(2)} = -1$ should hold in the situation we consider.

From Eq. (46), we have

$$m_{(2)}^2 \Gamma_{(2)}^2 = m_{(0)}^2 - 2m_{(0)}m_{(1)}\Gamma_{(1)} + m_{(1)}^2\Gamma_{(1)}^2, \quad (48)$$

whereas, from Eq. (47), we have

$$m_{(2)}^2 \Gamma_{(2)}^2 = m_{(1)}^2 (\Gamma_{(1)}^2 - 1) + m_{(2)}^2.$$
(49)

Equations (48) and (49) lead to

$$\Gamma_{(1)} = \frac{m_{(0)}^2 + m_{(1)}^2 - m_{(2)}^2}{2m_{(0)}m_{(1)}}.$$
(50)

Through the similar procedure, we obtain

$$\Gamma_{(2)} = \frac{m_{(0)}^2 + m_{(2)}^2 - m_{(1)}^2}{2m_{(0)}m_{(2)}}.$$
(51)

Equations (50) and (51) lead to

$$m_{(0)} = m_{(1)}\Gamma_{(1)} + m_{(2)}\Gamma_{(2)} \ge m_{(1)} + m_{(2)}.$$
 (52)

From Eq. (43) with J = 1, we have

$$u_{(1)1}^{t} = \Gamma_{(1)}u_{(0)1}^{t} + \sqrt{\Gamma_{(1)}^{2} - 1}n_{(0)1}^{t}$$

= $\frac{\Gamma_{(1)}}{F_{1}} \left[\frac{r_{d}}{2m_{(0)}} (F_{0} - F_{1}) - \frac{m_{(0)}}{2r_{d}} \right] + \sqrt{\Gamma_{(1)}^{2} - 1}\frac{\dot{R}_{(0)}}{F_{1}},$
(53)

where we have used Eqs. (27) and (31) for $u_{(0)1}^t$, and $F_i = F_i(r_d)$. On the other hand, by using Eq. (31), we have

$$u_{(1)1}^{t} = \frac{1}{F_{1}} \left[\frac{r_{\rm d}}{2m_{(1)}} (F_{2} - F_{1}) - \frac{m_{(1)}}{2r_{\rm d}} \right].$$
(54)

Then Eqs. (53) and (54) lead to

$$F_{2} = F_{1} + \frac{m_{(1)}^{2}}{r_{d}^{2}} + \frac{2m_{(1)}}{r_{d}} \left\{ \Gamma_{(1)} \left[\frac{r_{d}}{2m_{(0)}} (F_{0} - F_{1}) - \frac{m_{(0)}}{2r_{d}} \right] + \sqrt{\Gamma_{(1)}^{2} - 1} \dot{R}_{(0)} \right\}.$$
(55)

By the similar procedure starting from Eq. (43) with J = 2, we have

$$F_{2} = F_{0} + \frac{m_{(2)}^{2}}{r_{d}^{2}} - \frac{2m_{(2)}}{r_{d}} \left\{ \Gamma_{(2)} \left[\frac{r_{d}}{2m_{(0)}} (F_{0} - F_{1}) + \frac{m_{(0)}}{2r_{d}} \right] - \sqrt{\Gamma_{(2)}^{2} - 1} \dot{R}_{(0)} \right\}.$$
(56)

By using Eqs. (50) and (51), we can see that Eq. (55) is equivalent to Eq. (56). The momentum conservation (44) uniquely determines the geometry of D_2 which appears after the decay event *d* if we fix the values of r_d , F_0 , F_1 , $m_{(0)}$, $m_{(1)}$, and $m_{(2)}$; $\dot{R}_{(0)}$ is determined through Eqs. (28) and (29) except for its sign that we have to choose.

V. GRAVASTAR FORMATION

In this section, we consider the gravitational collapse of shell 0 accompanied by the gravastar formation. Here, we will adopt the gravastar model devised by Visser and Wiltshire (VW) [11], which is simpler and clearer than the original one of Mazur and Mottola. The VW gravastar is a spherical de Sitter domain surrounded by a spherical infinitesimally thin shell.

We assume that shell 0 is an electrically neutral dust shell, $P_{(0)} = 0$. The geometry of its inside is Minkowskian, whereas that of its outside is Schwarzschildian: $M_0 = Q_0 = Q_1 = 0 = \Lambda_0 = \Lambda_1$ holds. From Eq. (29), we obtain the effective potential of shell 0 as

$$U_{(0)}(R_{(0)}) = 1 - \left(E_{(0)} + \frac{m_{(0)}}{2R_{(0)}}\right)^2,$$
 (57)

where $m_{(0)}$ is constant due to the conservation law (22), and hence $E_{(0)} = M_1/m_{(0)}$ is also constant.

From Eq. (30), we have

$$R_{(0)} > \frac{M_1}{2E_{(0)}^2},\tag{58}$$

so that $u_{(0)}^a$ is future directed for $R_{(0)} > 2M_1$. We are interested in the case that shell 0 contracts and forms a black hole, i.e., $R_{(0)} \le 2M_1$, if the decay of shell 0 does not occur. Hence, we assume

$$E_{(0)} > \frac{1}{2},$$
 (59)



FIG. 5. The schematic diagram representing the formation of a gravastar triggered by decay of shell 0 into shell 1 and shell 2 is depicted.

so that the rhs of Eq. (58) is less that $2M_1$. Then, by investigating the effective potential $U_{(0)}$, we can easily see that the allowed domain for the motion of shell 0 is

$$0 \le R_{(0)} \le \frac{M_1}{2E_{(0)}(1 - E_{(0)})} \tag{60}$$

for $1/2 < E_{(0)} < 1$, whereas

$$0 \le R_{(0)} < \infty \tag{61}$$

for $E_{(0)} \ge 1$.

We assume that the formation of the gravastar is triggered by the decay of shell 0 into shell 1 and shell 2. The domain D_2 between shell 1 and shell 2 is described by the de Sitter geometry, i.e., $M_2 = Q_2 = 0$ but $\Lambda_2 > 0$. Shell 2 shrinks to zero radius, so that the innermost domain D_0 disappears at some stage (see Fig. 5). By contrast, shell 1 corresponds to the crust of the gravastar. The decay event of shell 0 and its areal radius are denoted by d_1 and r_{d1} , respectively.

It is observationally very important when the gravastar formation starts. In Ref. [7], the gravastar formation is implicitly assumed to start when the radius *R* of the contracting object satisfies $R - 2M \approx l_{\rm pl}$, where $l_{\rm pl}$ ($\approx 1.6 \times 10^{-33}$ cm) is the Planck length. The timescale in which the radius of the collapsing object satisfies $0 < R - 2M \ll 2M$ is almost equal to the free fall time of the system. From Eqs. (28), (29), and (31), we can see that once $0 < R - 2M \ll 2M$ is satisfied, the time evolution of the radius of a dust shell (m = constant) is given by $R \simeq \text{Const.} \times e^{-\frac{t}{2M}}$, where *t* is the proper time for an asymptotic observer. Thus, the timescale in which $R - 2M \approx l_{\rm pl}$ is achieved will be much less than our average lifetime if the mass *M* of the

contracting object takes $1 M_{\odot} < M < 10^8 M_{\odot}$, where M_{\odot} is the solar mass. If the criterion of the gravastar formation proposed by Mazur and Mottola is correct, we can, in principle, observe the gravastar as a final product of the gravitational collapse of a massive object. However, we know no physically well-motivated estimate on when the gravastar formation starts. There is the possibility that the gravastar formation may start at very late stage of the gravitational collapse. For example, the trigger of the gravastar formation might be the energy loss from the system due to the semiclassical effects associated with the gravitational collapse. If the contracting object has a mass larger than the solar mass M_{\odot} , the particles created through the semiclassical effect will be photons and gravitons. For a spherically symmetric contracting object with $R - 2M \ll 2M$, the time variation of the mass of the contracting object will be governed by

$$\frac{dM}{dt} = -\frac{\pi^2}{30} T_{\rm BH}^4 A_{\rm H}, \tag{62}$$

in natural units, where, $m_{\rm pl}$ being the Planck mass, $T_{\rm BH} = m_{\rm pl}^2/8\pi M$ is the Bekenstein-Hawking temperature, and $A_{\rm H}$ is the horizon area $16\pi M^2/m_{\rm pl}^4$ [12]. We assume that after a small fraction ϵ (\ll 1) of the initial mass of the collapsing objects is released through the particles created by the semiclassical effect, the gravastar formation begins. Then by solving Eq. (62), we can see that the timescale t_e in which the initial mass M_i of the contracting object becomes $(1 - \epsilon)M_i$ is given by

$$t_{\epsilon} = 7680\pi [1 + \mathcal{O}(\epsilon)] \epsilon \frac{M_{\rm i}^3}{m_{\rm pl}^4}$$
$$= 3.1 \times 10^{67} [1 + \mathcal{O}(\epsilon)] \epsilon \left(\frac{M_{\rm i}}{M_{\odot}}\right)^3 \,\rm yr. \qquad (63)$$

If this is true, asymptotic observers should wait to observe the gravastar formation for a very long time after the gravitational collapse has begun: the time will be much longer than the age of the Universe for a black hole of the mass larger than the solar mass if $\epsilon \gtrsim 10^{-50}$.

Anyway, the radius of shell 0 might be very close to the gravitational radius in the domain D_1 when the gravastar formation starts. Hence, hereafter we assume so.

A. Motion of shell 2

Let us start on the discussion about shell 2. We assume that shell 2 moves inward with the energy much larger than its proper mass, i.e., $E_{(2)} = \mathcal{M}_{(2)}/m_{(2)} \gg 1$, where $\mathcal{M}_{(2)}$ is the Misner-Sharp energy of shell 2. We introduce

$$k_{(2)}^a \coloneqq \frac{m_{(2)}u_{(2)}^a}{\mathcal{M}_{(2)}} \tag{64}$$

and rewrite $S_{(2)}^{ab}$ in the form

$$S_{(2)}^{ab} = E_{(2)} \left[\frac{\mathcal{M}_{(2)}}{4\pi R_{(2)}^2} k_{(2)}^a k_{(2)}^b + \frac{m_{(2)}}{\mathcal{M}_{(2)}} H^{ab} P_{(2)} \right].$$
(65)

We assume that $\sigma_{(2)}$ is non-negative, and the equation of state is given by

$$P_{(2)} = w_{(2)}\sigma_{(2)},\tag{66}$$

where $\sigma_{(2)} w_{(2)}$ is a constant number of $|w_{(2)}| \leq 1$. Then we take the massless limit for shell 2: $m_{(2)} \rightarrow 0$ with the Misner-Sharp energy $\mathcal{M}_{(2)}$ fixed. From Eqs. (43) and (51), we have

$$k_{(2)}^{a} \to \frac{m_{(0)}^{2} - m_{(1)}^{2}}{2m_{(0)}\mathcal{M}_{(2)}} (u_{(0)}^{a} - n_{(0)}^{a}).$$
(67)

It is easy to see that $k_{(2)}^a$ is null in this limit. Furthermore, we have

$$\frac{S_{(2)}^{ab}}{E_{(2)}} \to \frac{\mathcal{M}_{(2)}}{4\pi R_{(2)}^2} k_{(2)}^a k_{(2)}^b.$$
(68)

As expected, shell 2 becomes the null dust in this limit. Although $S_{(2)}^{ab}$ itself diverges due to the Lorentz contraction, the Misner-Sharp mass kept by shell 1 is finite by assumption [see Eq. (24)]: this divergence should be absorbed in the integral measure (please see Ref. [13] for the proper stressenergy tensor of the null shell). In the massless limit of shell 2, we have $\mathcal{M}_{(2)}$ at the decay event, from Eq. (56), in the following form:

$$\mathcal{M}_{(2)}|_{d_1} = \frac{m_{(0)}^2 - m_{(1)}^2}{2m_{(0)}} \left[E_{(0)} + \frac{m_{(0)}}{2r_{d1}} + \sqrt{\left(E_{(0)} - \frac{m_{(0)}}{2r_{d1}} \right)^2 - F_1} \right].$$
(69)

The cosmological constant in D_2 is determined at the decay event d_1 through

$$\Lambda_2 = \frac{6}{r_{\rm d1}^3} \mathcal{M}_{(2)}|_{d_1}.$$
 (70)

Then the Misner-Sharp energy of shell 2 is a function of the radius of shell 2,

$$\mathcal{M}_{(2)} = \frac{R_{(2)}}{2} (F_0 - F_2) = \frac{\Lambda_2}{6} R_{(2)}^3.$$
(71)

As can be seen from Eq. (71), $\mathcal{M}_{(2)}$ vanishes when the radius of shell 2 becomes zero, or in other words, shell 2 disappears when it shrinks to the symmetry center r = 0.

B. Motion of shell 1

From Eq. (43), the radial velocity of shell 1 at d_1 is written in the form

$$\dot{R}_{(1)} = \Gamma_{(1)}\dot{R}_{(0)} + \sqrt{\Gamma_{(1)}^2 - 1}F_1\dot{T}_{(0)1}$$

$$= -\Gamma_{(1)}\sqrt{\left(E_{(0)} - \frac{m_{(0)}}{2r_{d1}}\right)^2 - F_1}$$

$$+ \sqrt{\Gamma_{(1)}^2 - 1}\left(E_{(0)} - \frac{m_{(0)}}{2r_{d1}}\right).$$
(72)

Hence, $R_{(1)}$ is positive at d_1 , if and only if

$$\Gamma_{(1)}^2 > \frac{1}{F_1} \left(E_{(0)} - \frac{m_{(0)}}{2r_{d1}} \right)^2 \tag{73}$$

holds. Taking into account Eqs. (50) and (52), Eq. (73) leads to the condition on $m_{(1)}$ as

$$\begin{split} m_{(1)}|_{d_{1}} < m_{c} &\coloneqq \frac{m_{(0)}}{\sqrt{F_{1}}} \left[E_{(0)} - \frac{m_{(0)}}{2r_{d1}} - \sqrt{\left(E_{(0)} - \frac{m_{(0)}}{2r_{d1}} \right)^{2} - F_{1}} \right]. \end{split}$$
(74)

On the other hand, $\dot{R}_{(1)}$ is negative or zero, if and only if

$$\Gamma_{(1)}^2 \le \frac{1}{F_1} \left(E_{(0)} - \frac{m_{(0)}}{2r_{d1}} \right)^2 \tag{75}$$

or equivalently,

$$m_{\rm c} \le m_{(1)} < m_{(0)} \tag{76}$$

at d_1 .

The effective potential $U_{(1)}$ of shell 1 is given by

$$U_{(1)}(R_{(1)}) = 1 - \frac{2M_1}{R_{(1)}} - \left[\frac{1}{m_{(1)}} \left(M_1 - \frac{\Lambda_2}{6}R_{(1)}^3\right) - \frac{m_{(1)}}{2R_{(1)}}\right]^2.$$
(77)

The future directed condition $\dot{T}_{(1)1} > 0$ implies

$$\frac{1}{m_{(1)}} \left(M_1 - \frac{\Lambda_2}{6} R_{(1)}^3 \right) - \frac{m_{(1)}}{2R_{(1)}} > 0.$$
 (78)

It is easy to see that, irrespective of the equation of state of shell 1,

$$R_{(1)} < R_{\rm u} \coloneqq \left(\frac{6M_1}{\Lambda_2}\right)^{\frac{1}{3}}$$
 (79)

is necessary so that Eq. (78) is satisfied, since we require $\sigma_{(1)} \ge 0$, or equivalently, $m_{(1)} \ge 0$; the allowed domain for the motion of shell 1 is bounded from above.

1. Dissipation through further decay

Shell 1 is the crust of the gravastar. It is dynamical and hence should dissipate its energy so that the gravastar is stable and static. Chan *et al.* studied the gravastar formation by taking into account a dissipation through the emission of null dust [14]. In this paper, instead of the emission of the null dust, we assume that the crust, shell 1, emits outward shell 3 at the event d_2 with $r = r_{d2}$ and becomes static and stable; the static crust of the gravastar is called shell 4. This process is equivalent to the decay of shell 1 into shell 3 and shell 4 (see Fig. 6).

The domain between shell 3 and shell 4 is denoted by D_3 . Replacing shell 0, shell 1, shell 2, D_0 and D_2 by shell 1, shell 3, shell 4, D_2 and D_3 in Eq. (55), the same argument as that in Sec. IV is applied, and we obtain

$$F_{3} = F_{1} + \frac{m_{(3)}^{2}}{r_{d2}^{2}} + \frac{2m_{(3)}}{r_{d2}} \left\{ \Gamma_{(3)} \left[\frac{r_{d2}}{2m_{(1)}} (F_{2} - F_{1}) - \frac{m_{(1)}}{2r_{d2}} \right] + \sqrt{\Gamma_{(3)}^{2} - 1} \dot{R}_{(1)} \right\},$$
(80)

where

$$\Gamma_{(3)} = \frac{m_{(1)}^2 + m_{(3)}^2 - m_{(4)}^2}{2m_{(1)}m_{(3)}},$$
(81)

temporal



FIG. 6. The schematic diagram representing the stabilization of the gravastar due to the decay of shell 1 into shell 3 and shell 4. Shell 3 is null and causes the dissipation which results in the stabilization of the crust of the gravastar, i.e., shell 3.

and, in this Sec. V B 1, all quantities are evaluated at d_2 . Here, as in the case of shell 2, we take the limit $m_{(3)} \rightarrow 0$ under the assumption of $P_{(3)} = w_{(3)}\sigma_{(3)}$ with $w_{(3)}$ fixed: this limit is equivalent to the assumption that shell 3 is a null dust. From Eq. (80), we have

$$F_{3} = F_{1} + \frac{m_{(1)}^{2} - m_{(4)}^{2}}{m_{(1)}r_{d2}} \left(E_{(1)} - \frac{m_{(1)}}{2r_{d2}} + \dot{R}_{(1)}\right).$$
(82)

Then, from this result, we have

$$E_{(4)} = \frac{r_{d2}}{2m_{(4)}} (F_2 - F_3)$$

$$= \frac{r_{d2}}{2m_{(4)}} (F_2 - F_1) + \frac{r_{d2}}{2m_{(4)}} (F_1 - F_3)$$

$$= \frac{m_{(1)}}{m_{(4)}} E_{(1)} - \frac{m_{(1)}^2 - m_{(4)}^2}{2m_{(1)}m_{(4)}} \left(E_{(1)} - \frac{m_{(1)}}{2r_{d2}} + \dot{R}_{(1)} \right)$$

$$= \frac{m_{(1)}^2 + m_{(4)}^2}{2m_{(1)}m_{(4)}} E_{(1)} + \frac{m_{(1)}^2 - m_{(4)}^2}{2m_{(1)}m_{(4)}} \left(\frac{m_{(1)}}{2r_{d2}} - \dot{R}_{(1)} \right).$$
(83)

The crust of the gravastar is shell 4 after the event d_2 . As mentioned, since the gravastar becomes static after the event d_2 , $\dot{R}_{(4)}$ always vanishes. Since we have

$$\dot{R}_{(4)}^2 = -U_{(4)}(R_{(4)}) \coloneqq \left(E_{(4)} + \frac{m_{(4)}}{2R_{(4)}}\right)^2 - F_2(R_{(4)}), \quad (84)$$

Eq. (83) and $\dot{R}_{(4)}|_{R_{(4)}=r_{42}} = 0$ lead to

$$\left[\frac{m_{(1)}^2 + m_{(4)}^2}{2m_{(1)}m_{(4)}} \left(E_{(1)} + \frac{m_{(1)}}{2r_{d2}}\right) - \frac{m_{(1)}^2 - m_{(4)}^2}{2m_{(1)}m_{(4)}}\dot{R}_{(1)}\right]^2 - F_2 = 0.$$
(85)

Since we have

$$\dot{R}_{(1)}^2 = \left(E_{(1)} + \frac{m_{(1)}}{2r_{d2}}\right)^2 - F_2 = \left(E_{(1)} - \frac{m_{(1)}}{2r_{d2}}\right)^2 - F_1$$
(86)

at $R_{(1)} = r_{d2}$, the following inequality holds:

$$E_{(1)} + \frac{m_{(1)}}{2r_{d2}} > |\dot{R}_{(1)}|.$$
(87)

By the same argument as that of Eq. (52), we have

$$m_{(1)} > m_{(4)} > 0.$$
 (88)

Then, Eq. (85) leads to

$$\frac{m_{(1)}^2 + m_{(4)}^2}{2m_{(1)}m_{(4)}} \left(E_{(1)} + \frac{m_{(1)}}{2r_{d2}} \right) - \frac{m_{(1)}^2 - m_{(4)}^2}{2m_{(1)}m_{(4)}} \dot{R}_{(1)} - \sqrt{F_2} = 0,$$
(89)

and hence we have

$$\left(E_{(1)} + \frac{m_{(1)}}{2r_{d2}} + \dot{R}_{(1)}\right)m_{(4)}^2 - 2m_{(1)}m_{(4)}\sqrt{F_2} + \left(E_{(1)} + \frac{m_{(1)}}{2r_{d2}} - \dot{R}_{(1)}\right)m_{(1)}^2 = 0.$$
(90)

The above quadratic equation for $m_{(4)}$ has a degenerate root

$$m_{(4)} = \frac{m_{(1)}\sqrt{F_2}}{E_{(1)} + \frac{m_{(1)}}{2r_{d2}} + \dot{R}_{(1)}},$$
(91)

where we have used Eq. (86). By using Eq. (86), we can see that Eq. (88) is satisfied only if $\dot{R}_{(1)}$ is positive. Thus, we consider the only situation in which $\dot{R}_{(1)}$ is positive at the event d_2 . $\dot{R}_{(4)}$ vanishes if and only if the proper mass of shell 4 satisfies Eq. (91), and hereafter we assume so. By virtue of the future directed condition of the four-velocity of shell 1, i.e., $E_{(1)} - \frac{m_{(1)}}{2r_{d2}} > 0$, and Eq. (86), we have

$$E_{(1)} - \frac{m_{(1)}}{2r_{d2}} - \dot{R}_{(1)} > 0.$$
(92)

Here note that Eq. (83) can be rewritten as

$$E_{(4)} - \frac{m_{(4)}}{2r_{d2}} = \frac{m_{(1)}^2 + m_{(4)}^2}{2m_{(1)}m_{(4)}} \left(E_{(1)} - \frac{m_{(1)}}{2r_{d2}} - \dot{R}_{(1)} \right) + \frac{m_{(1)}^2 - m_{(4)}^2}{2m_{(4)}r_{d2}} + \frac{m_{(4)}}{m_{(1)}}\dot{R}_{(1)}.$$
(93)

Hence, if $\dot{R}_{(1)} > 0$ holds, the future directed condition, $E_{(4)} - m_{(4)}/2r_{d2} > 0$, for shell 4 also holds. The decay of shell 1 to make the gravastar static is possible.

The effective potential of shell 4, $U_{(4)}$, vanishes at $R_{(4)} = r_{d2}$ by assumption. The first- and second-order derivatives of $U_{(4)}$ should vanish and be positive, respectively, at $R_{(4)} = r_{d2}$ so that the gravastar is stably static. Hereafter we assume so; these assumptions partly determine the equation of state of shell 4 as follows.

Equation (18) implies that the surface energy density of shell 4 is given in the form

$$\sigma_{(4)} = \frac{1}{4\pi R_{(4)}} \left[\sqrt{F_2(R_{(4)}) - U_{(4)}(R_{(4)})} - \sqrt{F_3(R_{(4)}) - U_{(4)}(R_{(4)})} \right],$$
(94)

and the tangential pressure of shell 4, $P_{(4)}$, is given from Eq. (22) in the form

$$P_{(4)} = -\frac{1}{2R_{(4)}} \frac{d}{dR_{(4)}} (\sigma_{(4)} R_{(4)}^2) = -\left[\frac{1}{2} + \frac{R_{(4)}}{4\sqrt{[F_2(R_{(4)}) - U_{(4)}(R_{(4)})][F_3(R_{(4)}) - U_{(4)}(R_{(4)})]}} \frac{dU_{(4)}(R_{(4)})}{dR_{(4)}}\right] \sigma_{(4)} + \frac{\Lambda_2 R_{(4)}}{24\pi\sqrt{F_2(R_{(4)}) - U_{(4)}(R_{(4)})}} + \frac{M_3}{8\pi R_{(4)}^2\sqrt{F_3(R_{(4)}) - U_{(4)}(R_{(4)})}}.$$
(95)

At $R_{(4)} = r_{d2}$, we have

$$\sigma_{(4)}\big|_{d_2} = \frac{1}{4\pi r_{d2}} \left[\sqrt{F_2(r_{d2})} - \sqrt{F_3(r_{d2})} \right], \quad (96)$$

and

$$P_{(4)}|_{d_2} = -\frac{1}{2}\sigma_{(4)}|_{d_2} + \frac{\Lambda_2 r_{d2}}{24\pi\sqrt{F_2(r_{d2})}} + \frac{M_3}{8\pi r_{d2}^2\sqrt{F_3(r_{d2})}}.$$
(97)

We are interested in whether the dominant energy condition $\sigma_{(4)} \ge |P_{(4)}|$ holds.

2. Case of shell 1 expanding at d_1

First we consider the case of $\dot{R}_{(1)} > 0$ at the first decay event d_1 with the areal radius r_{d1} . Since we consider the case that r_{d1} is very close to $2M_1$, we have, from Eq. (74),

$$m_{(1)}|_{d_1} < \frac{m_{(0)}}{2(E_{(0)} - \frac{1}{4E_{(0)}})} [1 + \mathcal{O}(F_1)]\sqrt{F_1}.$$
 (98)

The proper mass of shell 1 should be much smaller than $m_{(0)}$.

We show the effective potential $U_{(1)}$ in the case of the dust, $P_{(1)} = 0$, in Fig. 7. Shell 1 will bounce off the potential barrier and then form a black hole by its contraction. The behavior of $U_{(1)}$ even in the case

$$P_{(1)} = w_{(1)}\sigma_{(1)} \tag{99}$$

with $|w_{(1)}| \le 1$ is too similar to distinguish from that of the dust, even if it is depicted together in Fig. 7. The dominant energy condition for shell 1 is given by

$$\sigma_{(1)} \ge |P_{(1)}|. \tag{100}$$

As long as the dominant energy condition is satisfied, the effective potential of shell 1 behaves as that shown in Fig. 7.

As mentioned below Eq. (86), shell 1 should decay into shell 3 and shell 4, when $\dot{R}_{(1)} > 0$ so that the gravastar is static. Hence, shell 1 should decay before it bounces off the potential barrier. The allowed domain for the motion of shell 1 is bounded from above as Eq. (79) and hence $r_{d1} < r_{d2} < R_{u}$. Let us estimate R_u . Since $0 < F_1(r_{d1}) \ll 1$ and $m_{(1)} \ll m_{(0)}$ at d_1 due to Eq. (98), we have, from Eqs. (69) and (70),

$$\Lambda_{2} = \frac{6M_{1}}{r_{d1}^{3}} \left[1 - \beta^{2} - \frac{F_{1}}{4E_{(0)}(E_{(0)} - \frac{m_{(0)}}{2r_{d1}})} + \mathcal{O}(\beta^{2}F_{1}, F_{1}^{2}) \right],$$
(101)

where

$$\beta \coloneqq \frac{m_{(1)}}{m_{(0)}}\Big|_{d_1} \le \mathcal{O}(\sqrt{F_1}), \tag{102}$$

and hence $R_{\rm u}$ defined as Eq. (79) is written in the form

$$R_{\rm u} = r_{\rm d1} \left[1 + \frac{\beta^2}{3} + \frac{F_1}{12E_{(0)}(E_{(0)} - \frac{m_{(0)}}{2r_{\rm d1}})} + \mathcal{O}(\beta^4, \beta^2 F_1, F_1^2) \right],$$
(103)

where all quantities are evaluated at d_1 . Since $r_{d2} < R_u$ should be satisfied from Eq. (79), we have

$$r_{\rm d1} < r_{\rm d2} < R_{\rm u} = r_{\rm d1} [1 + \mathcal{O}(\beta^2, F_1)].$$
 (104)



FIG. 7. The effective potential $U_{(1)}$ near $R_{(1)} = r_{d1}$ is depicted in the case that shell 1 is the dust, i.e., $P_{(1)} = 0$. We assume $r_{d1} = 1.001 \times 2M_1$, $E_{(0)} = 0.9$, and $m_{(1)} = 10^{-1}m_c$. Shell 1 begins expanding at d_1 and then bounces off the potential barrier.

Since we consider the situation that r_{d1} is larger than but very close to $2M_1$, r_{d2} should be very close to $2M_1$ from Eq. (104). Furthermore, from Eq. (101) and the inequality $0 < r_{d2} - r_{d1} \le \mathcal{O}(\beta^2, F_1)$ derived from Eq. (104), we have

$$\frac{\Lambda_2}{3}r_{\rm d2}^2 = \frac{2\mathcal{M}_{(2)}|_{d_1}}{r_{\rm d1}^3}r_{\rm d2}^2 = \frac{2M_1}{r_{\rm d2}} + \mathcal{O}(\beta^2, F_1), \qquad (105)$$

and hence

$$F_2(r_{d2}) = \mathcal{O}(\beta^2, F_1) \ll 1.$$
 (106)

Here again note that $F_2(r_{d2}) > F_3(r_{d2})$ holds because of $E_{(4)} > 0$ [see Eq. (83) and the discussion below Eq. (91)].

From Eqs. (96), (97), and (106), Eqs. (96) and (97) imply $\sigma_{(4)} \ll P_{(4)}$, and so the violation of the dominant energy condition (100). This result is basically equivalent to that obtained by Visser and Wiltshire for their gravastar model [11].

3. Case of shell 1 contracting at d_1

We consider the case that shell 1 begins contracting at the first decay event d_1 ; the proper mass $m_{(1)}$ satisfies Eq. (76). As in the expanding case, we show the effective potential $U_{(1)}$ in the case of $P_{(1)} = 0$ in Fig. 8. As in the case of expansion at d_1 , $U_{(1)}$ of the equation of state (99) with $|w_{(1)}| \le 1$ is too similar to that of the dust to distinguish between them, even if they are depicted together in Fig. 8. In this case, shell 1 does not bounce off the potential barrier but directly forms a black hole through its contraction. Thus, in the contracting case, the equation of state of shell 1 cannot be Eq. (99) with $|w_{(1)}| \le 1$ so that the gravastar forms.

Shell 1 should bounce off the potential barrier at some radius R_b larger than $2M_1$ so that the black hole formation is halted. The effective potential should take the following form near d_1 :



FIG. 8. The same as Fig. 7, but $m_{(1)} = 5m_c$. In this case, shell 1 begins contracting at d_1 and then a black hole forms.

$$U_{(1)}(r) = -\alpha(r - R_{\rm b}) + \mathcal{O}((r - R_{\rm b})^n),$$
 (107)

where α and *n* are positive constant and natural number larger than one, respectively, and

$$2M_1 < R_b < r_{\rm d1} \tag{108}$$

should hold (see Fig. 9). By contrast to the case of shell 1 expanding at d_1 , in the present case, $m_{(1)}$ does not have to be much smaller than $m_{(0)}$ due to Eq. (76) and we assume that $m_{(1)}$ is close to but less than $m_{(0)}$. Equation (69) leads to

$$\mathcal{M}_{(2)}|_{d_1} = \frac{m_{(0)}^2 - m_{(1)}^2}{m_{(0)}^2} M_1 + \mathcal{O}(F_1).$$
(109)

Hence, Eq. (79) implies

$$R_{\rm u} = \frac{r_{\rm d1}}{(1 - \beta^2)^{\frac{1}{3}}} [1 + \mathcal{O}(F_1)], \qquad (110)$$

where β has been defined as Eq. (102) and is less than but can be very close to unity, and hence R_u may be much larger than r_{d1} . As a result, r_{d2} can also be much larger than r_{d1} , and hence, as we will discuss later, the dominant energy condition (100) can be satisfied by shell 4. However, as shown below, the dominant energy condition is not satisfied at $R_{(1)} = R_b$ by shell 1.

Through the same prescription to derive Eqs. (94) and (95), we have

$$\sigma_{(1)} = \frac{1}{4\pi R_{(1)}} \left[\sqrt{F_2(R_{(1)}) - U_{(1)}(R_{(1)})} - \sqrt{F_1(R_{(1)}) - U_{(1)}(R_{(1)})} \right], \quad (111)$$



FIG. 9. The assumed effective potential $U_{(1)}$ of shell 1 near $R = R_b$ is schematically depicted.

and

$$P_{(1)} = -\frac{1}{2R_{(1)}} \frac{d}{dR_{(1)}} (\sigma_{(1)}R_{(1)}^2) = -\left[\frac{1}{2} + \frac{R_{(1)}}{4\sqrt{[F_2(R_{(1)}) - U_{(1)}(R_{(1)})][F_1(R_{(1)}) - U_{(1)}(R_{(1)})]}} \frac{dU_{(1)}(R_{(1)})}{dR_{(1)}}\right] \sigma_{(1)} + \frac{\Lambda_2 R_{(1)}}{24\pi\sqrt{F_2(R_{(1)}) - U_{(1)}(R_{(1)})}} + \frac{M_1}{8\pi R_{(1)}^2\sqrt{F_1(R_{(1)}) - U_{(1)}(R_{(1)})}}.$$
(112)

Since we have

$$\left. \frac{dU_{(1)}(R_{(1)})}{dR_{(1)}} \right|_{R_{(1)}=R_{\rm b}} = -\alpha < 0, \tag{113}$$

we obtain, from Eq. (112),

$$P_{(1)}|_{R_{(1)}=R_{b}} \geq -\frac{1}{2}\sigma_{(1)}|_{R_{(1)}=R_{b}} + \frac{\Lambda_{2}R_{b}}{24\pi\sqrt{F_{2}(R_{b})}} + \frac{M_{1}}{8\pi R_{b}^{2}\sqrt{F_{1}(R_{b})}}.$$
(114)

Due to Eq. (108) and since r_{d1} is very close to $2M_1$, $F_1(R_b) \ll 1$ holds. Hence, we have

$$P_{(1)}|_{R_{(1)}=R_{\rm b}} \simeq \frac{M_1}{8\pi R_{\rm b}^2 \sqrt{F_1(R_{\rm b})}} \gg \sigma_{(1)}|_{R_{(1)}=R_{\rm b}}.$$
 (115)

The dominant energy condition cannot be satisfied by shell 1 at and around $R_{(1)} = R_b$ by continuity.

Now we see the equation of state of shell 4 which is the crust of the gravastar after the second decay event d_2 . The surface energy density and the tangential pressure of shell 4, $\sigma_{(4)}$, and $P_{(4)}$ are evaluated by using Eqs. (96) and (97). Although we have determined the effective potential $U_{(1)}$ of shell 1 in the only vicinity of $R_{(1)} = R_{\rm b}$ as Eq. (107), we have not yet in the vicinity of $R_{(1)} = r_{\rm d2}$. Thus, the value of $U_{(1)}$, or equivalently, $\dot{R}_{(1)}$ at d_2 is regarded as a free parameter. Once we assume the values of $r_{\rm d2}$ and

$$v \coloneqq \dot{R}_{(1)}\big|_{d_2},\tag{116}$$

we have

$$m_{(1)}\big|_{d_2} = 4\pi\sigma_{(1)}R_{(1)}^2\big|_{d_2}$$

= $r_{d2}\Big[\sqrt{v^2 + F_2(r_{d2})} - \sqrt{v^2 + F_1(r_{d2})}\Big]$ (117)

and

$$E_{(1)}|_{d_2} = \frac{r_{d2}}{2m_{(1)}} [F_2(r_{d2}) - F_1(r_{d2})].$$
 (118)

We depict $\sigma_{(4)}$ and $P_{(4)}$ as a function of $r_{d2}/2M_3 - 1$ in the case of $E_{(0)} = 0.9$, $m_{(1)} = 0.99m_{(0)}$ at d_1 , and $r_{d1} = 1.00001 \times 2M_1$ for three values of v in Figs. 10–12.

We also show M_3 in the case of $r_{d2} = r_{d1} = 1.00001 \times 2M_1$ as a function of v in Fig. 13; the larger v is, the smaller M_3 is. This behavior implies that if shell 1 has the larger outward velocity v > 0, the larger energy should be released through the emission of shell 3 so that shell 4 is at rest. Furthermore, we depict M_3 as a function of $r_{d2}/2M_1 - 1$ in Fig. 14 for three values of v; here note that r_{d2} is normalized by not M_3 but M_1 . The mass parameter M_3 is a decreasing function of r_{d2} .

We can see from Figs. 10 and 11 that the dominant energy condition $\sigma_{(4)} \ge |P_{(4)}|$ is satisfied in the case of $r_{d2} \ge 1.04 \times 2M_3$, it is not so for r_{d2} very close to $2M_3$; the domain in Fig. 12 does not include $r_{d2} = 1.04 \times 2M_3$ due to the behavior of M_3 shown in Figs. 13 and 14. Since r_{d2} is the radius of the gravastar in its final state, if $r_{d2} \ge 1.04 \times 2M_3$ holds, the formed gravastar satisfies the dominant energy condition, even though the crust of the gravastar does not in its formation process. The quantum gravitational effects should play an important role so that the



FIG. 10. The surface energy density and tangential pressure of shell 4 are depicted as a function of the final radius of the gravastar $R_{(4)} = r_{d2}$. We assume $E_{(0)} = 0.9$, $m_{(1)} = 0.99m_{(0)}$ at d_1 and $r_{d1} = 1.00001 \times 2M_1$, and $v = \sqrt{F_1(r_{d1})} = 3.16 \times 10^{-3}$.



FIG. 11. The same as Fig. 10 but $v = 10\sqrt{F_1(r_{d1})} = 3.16 \times 10^{-2}$.



FIG. 12. The same as Fig. 10 but $v = 100\sqrt{F_1(r_{\rm d1})} = 3.16 \times 10^{-1}$. From Fig. 14, we can see $0.74M_1 < M_3 < 0.78M_1$ in this case. Hence, the lower bound of the domain of this figure is restricted by a slightly larger value than that in Fig. 11.



FIG. 13. The mass parameter M_3 in the case of $r_{d2} = r_{d1} = 1.00001 \times 2M_1$ is depicted as a function of v.



FIG. 14. The mass parameter M_3 in the case of $v = \sqrt{F_1(r_{d1})}$, $10\sqrt{F_1(r_{d1})}$, and $100\sqrt{F_1(r_{d1})}$ is depicted as a function of r_{d2} . As in Figs. 10–12, we assume $E_{(0)} = 0.9$, $m_{(1)} = 0.99m_{(0)}$ at d_1 , and $r_{d1} = 1.00001 \times 2M_1$.



FIG. 15. This is the case in which the observer λ will wrongly conclude that a black hole will form if the areal radius r_d at the beginning of the gravastar formation is sufficiently close to the gravitational radius $2M_1$ in D_1 , but no event horizon forms. In the domain D_2 corresponds to the gravastar. Here shell 0 is assumed to gravitationally contract, i.e., $1/2 < E_{(0)} < 1$.

process accompanied by the violation of the dominant energy condition is realized. Hence the gravastar formation should rely on the quantum gravitational effects, if it begins at the very late stage of the gravitational collapse, i.e., $0 < r_{d1} - 2M_1 \ll 2M_1$. As mentioned, it is observationally very important when the gravastar formation begins. If the gravastar formation starts after the backreaction of the Hawking radiation begins sufficiently affecting the evolution of the contracting object, the gravitationally contracting object of the mass larger than that of the solar mass will form a gravastar completely outside the causal past of observers with the finite lifetime like us. In such a case, the observers will wrongly conclude that a black hole will form (see Fig. 15).

VI. SUMMARY

Any observer outside black holes cannot detect any physical signal caused by the black holes themselves but see the gravitationally contracting objects and phenomena caused by them; for observers outside black holes, the contracting objects will form black holes after infinite time lapses. In order to see why a contracting object seems to be a black hole even if there is not an event horizon but the contracting object in our view, we have studied a very simple model which describes the gravitational contraction of an infinitesimally thin spherical massive shell and studied null rays in such a situation. Even in the case that the shell made of materials which causes specular reflection of or is transparent to the null rays, it behaves as a blackbody due to its gravity if its radius is very close to its gravitational radius; incident null rays do not return from the shell or suffer indefinitely large redshift even if they return. Hence, the shell at the very late stage of its gravitational collapse is well approximated by the maximally extended Schwarzschild spacetime with the boundary condition under which nothing comes from the white hole. Signals of the quasinormal ringing and shadow images obtained in the spacetime with the shell will be, in practice, indistinguishable to those of the maximally extended Schwarzschild spacetime for any distant observer in the very late stage of the gravitational collapse. In this sense, the black hole shadow is not the appropriate name in the case of the observed black hole candidates, since it is not a shadow of a black hole but the image of the highly darkened photosphere of a gravitationally contracting object. Even in the case of the black hole spacetime, the black hole shadow is not the appropriate name, since it is an image of the white hole.

However, as we have shown, even though the observers detect the quasinormal ringings and take photos of shadow images, those observables do not necessarily imply that the event horizon will form by the contracting object. There always remains the possibility that the formation of the event horizon is prevented by some unexpected event. We have given a scenario in which such a situation is realized: a gravitational contraction of the dust shell suddenly stops due to its decay into two daughter shells concentric with the parent shell, and then a gravastar forms. If the decay occurs at the radius so close to that of the corresponding event horizon that the decay event is outside of the causal past of observers, it may be impossible for the observers with finite lifetime to see the gravastar formation and hence such observers believe that the shell will form a black hole, even if there is no event horizon. On the other hand, our analysis on a simplified formation scenario suggests that the formation of gravastar with the radius extremely close to that of the would-be horizon may be possible only with large violation of the dominant energy condition by the crust of the gravastar.

VII. SOME REMARKS

Here we should note that the Hawking radiation can also not be the observable that is evidence of the event horizon formation. As shown by Paranjape and Padmanabhan, almost Planckian distribution of particles created through the semiclassical effect will appear in the contracting shell model [12]. Hence, the gravastar formation model cannot be distinguished from the black hole spacetime through the particle creation due to the semiclassical effects if the gravastar formation starts at the too late stage of the gravitational collapse to be observed by the distant observers with finite lifetimes. This issue will also be discussed by Harada *et al.* [15]. It might be interesting that the Planckian distribution is consistent to the approximate blackbody behavior of the shell at a very late stage of its gravitational collapse.

As mentioned, the gravastar formation might start after the effect of the Hawking radiation causes significant back-reaction effects on the gravitational collapse of a massive object. If it is really so, the gravitational collapse of the massive object with the mass larger than the solar mass will not cause the gravastar formation within the age of the Universe. By contrast, the formation of the primordial black hole with the mass much smaller than the solar mass should be replaced by the primordial gravastar formation that is, in principle, observable for us [16,17]. Although it is very difficult to observe compact objects with very small mass, they might be very important in order to find the unexpected events.

Rigorously speaking, it is impossible for us to conclude, through any observation, that it is a black hole. It is a profound fact that general relativity has predicted the advent of domains of which the existence cannot be confirmed through any observation. By contrast, if it is not a black hole, we can, in principle, know that it is the case. It is necessary to keep observing black hole candidates.

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APPENDIX A: REDSHIFT OF NULL RAY DUE TO MASSIVE SPHERICAL SHELL

Here we consider the redshift of a null ray due to a spherical massive shell considered in Sec. II. Notation adopted in this section is the same as that in Sec. II. The null ray goes along a null geodesic. The components of the null geodesic tangent l^a are written in the form

$$l_{\pm}^{\mu} = \omega_{\pm} \left(\frac{1}{F_{\pm}(r)}, \epsilon \sqrt{1 - \frac{b_{\pm}^2}{r^2}} F_{\pm}(r), 0, \frac{b_{\pm}}{r^2} \right), \quad (A1)$$

where ω_{\pm} and b_{\pm} are constants corresponding to the angular frequency and the impact parameter, respectively, and $\epsilon = \pm 1$: $\epsilon = +1$ for the outgoing null, whereas $\epsilon = -1$ for the ingoing one. Without loss of generality, we consider the only case of the non-negative impact parameter $b_{\pm} \ge 0$.

In this section, for simplicity, we focus on the shell with no electric charge in the spacetime without the cosmological constant and the domain D_{-} is Minkowskian,

$$F_{+} = 1 - \frac{2M_{+}}{r}$$
 and $F_{-} = 1.$ (A2)

We also focus on the case that the spherical massive shell is contracting $\dot{R} < 0$.

We obtain the energy equation from the radial component of l^a_{\pm} as

$$\frac{1}{\omega_{\pm}^2} \left(\frac{dr}{d\gamma_{\pm}}\right)^2 + W_{\pm}(r) = 0, \qquad (A3)$$

where γ_{\pm} is the affine parameter and

$$W_{\pm}(r) = \frac{b_{\pm}^2}{r^2} F_{\pm}(r) - 1.$$
 (A4)

The null ray can move only in the domain of $W_{\pm}(r) \leq 0$. The geometry of D_+ is Schwarzschildian, and as well known, the effective potential $W_+(r)$ has one maximum at $r = 3M_+$ (see Fig. 16). If b_+ is larger than $\sqrt{27}M_+$, the maximum of W_+ is positive. The null ray going inward in the region of $r > 3M_+$ bounces off the potential barrier and then goes away to infinity, whereas one going outward in the domain of $r < 3M_+$ also bounces off the potential barrier and then turns to the center. On the other hand, the maximum of $W_+(r)$ is nonpositive in the case of $b_+ \le \sqrt{27}M_+$; in this case, the null ray does not bounce off the potential barrier. The fact we should remember here is that if the null ray is ingoing, or equivalently, $\epsilon = -1$, in the region of $r < 3M_+$ within D_+ , it does not bounce off but continues to go inward.

1. Reflected case

Let us consider the case that an ingoing null ray $l_a^{(in)}$ from infinity in D_+ with $\omega_+ = \omega_i$ and $b_+ = b_i$ is reflected at the shell and then goes away to infinity in D_+ as an outgoing null ray $l_a^{(out)}$ with $\omega_+ = \omega_0$ and $b_+ = b_0$. Since the angular



FIG. 16. The effective potential of the null ray in the domain D_+ whose geometry is Schwarzschildian is depicted for three cases, $b_+ = \frac{4}{5}\sqrt{27}M_+$, $b_+ = \sqrt{27}M_+$, and $b_+ = \frac{6}{5}\sqrt{27}M_+$.

frequency of the reflected null ray is the same as that before reflection in the rest frame of the shell, we have

$$l_a^{(\text{in})}u^a = l_a^{(\text{out})}u^a. \tag{A5}$$

The parameter ϵ of ingoing null ray should be equal to -1, whereas it is nontrivial which sign of ϵ is chosen after the reflection; ϵ after the reflection is denoted by ϵ_0 . Then Eq. (A5) leads to

$$\omega_{i} \left(\sqrt{1 + \frac{F_{+}}{V^{2}}} - \sqrt{1 - \frac{b_{i}^{2}}{R^{2}}} F_{+} \right)$$
$$= \omega_{o} \left(\sqrt{1 + \frac{F_{+}}{V^{2}}} + \epsilon_{o} \sqrt{1 - \frac{b_{o}^{2}}{R^{2}}} F_{+} \right), \quad (A6)$$

where $F_+ = F_+(R)$, and

$$V \coloneqq -\dot{R} > 0. \tag{A7}$$

In the rest frame, the component of l^a vertical to the shell changes its sign at the reflection event

$$l_a^{(\text{in})} n^a = -l_a^{(\text{out})} n^a.$$
(A8)

Equation (A8) leads to

$$\omega_{i} \left[1 - \sqrt{\left(1 + \frac{F_{+}}{V^{2}}\right) \left(1 - \frac{b_{i}^{2}}{R^{2}}F_{+}\right)} \right]$$
$$= -\omega_{o} \left[1 + \epsilon_{o} \sqrt{\left(1 + \frac{F_{+}}{V^{2}}\right) \left(1 - \frac{b_{o}^{2}}{R^{2}}F_{+}\right)} \right]. \quad (A9)$$

On the other hand, the component of l^a tangential to the shell does not change; the equation

$$l_a^{(\text{in})}\hat{\phi}^a = l_a^{(\text{out})}\hat{\phi}^a \tag{A10}$$

leads to the conservation of the angular momentum,

$$\omega_{\rm i}b_{\rm i} = \omega_{\rm o}b_{\rm o} =: L. \tag{A11}$$

Since the null ray is assumed to hit the shell, $l_a^{(in)}n^a < 0$ should be satisfied, and hence

$$b_{\rm i}^2 < \frac{R^2}{V^2 + F_+}$$
 (A12)

should hold.

From Eqs. (A6) and (A9), we have

$$\frac{\sqrt{1 + \frac{F_{+}}{V^{2}}} - \sqrt{1 - \frac{b_{i}^{2}}{R^{2}}F_{+}}}{1 - \sqrt{(1 + \frac{F_{+}}{V^{2}})(1 - \frac{b_{i}^{2}}{R^{2}}F_{+})}} = -\frac{\sqrt{1 + \frac{F_{+}}{V^{2}}} + \epsilon_{o}\sqrt{1 - \frac{b_{o}^{2}}{R^{2}}F_{+}}}{1 + \epsilon_{o}\sqrt{(1 + \frac{F_{+}}{V^{2}})(1 - \frac{b_{o}^{2}}{R^{2}}F_{+})}}.$$
 (A13)

We rewrite Eq. (A13) in the form

$$A_{\rm L}\sqrt{1-\frac{b_{\rm o}^2}{R^2}F_+} = \epsilon_{\rm o}A_{\rm R},\qquad({\rm A}14)$$

where

$$A_{\rm L} = 1 + \frac{F_+}{2V^2} - \sqrt{\left(1 + \frac{F_+}{V^2}\right)\left(1 - \frac{b_{\rm i}^2}{R^2}F_+\right)}, \quad (A15)$$

$$A_{\rm R} = \left(1 + \frac{F_+}{2V^2}\right) \sqrt{1 - \frac{b_{\rm i}^2}{R^2}F_+} - \sqrt{1 + \frac{F_+}{V^2}}.$$
 (A16)

It is not so difficult to see that $A_{\rm L} > 0$ whereas the sign of $A_{\rm R}$ depends on $b_{\rm i}$, R, and V. Since the lhs of Eq. (A14) is positive, $\epsilon_{\rm o}$ should be chosen so that the rhs is also positive, and hence we have

$$\epsilon_{\rm o} = \begin{cases} +1 & \text{for } b_{\rm i}^2 < b_{\rm cr}^2, \\ -1 & \text{for } b_{\rm i}^2 > b_{\rm cr}^2, \end{cases}$$
(A17)

where

$$b_{\rm cr}^2 \coloneqq \frac{R^2 F_+}{(2V^2 + F_+)^2}.$$
 (A18)

The null ray with $\epsilon_0 = -1$ goes inward although it is the null ray reflected by the shell. Since we consider the case that the reflection occurs when the radius of the shell is very close to the gravitational radius $2M_+$, the reflected null ray with $\epsilon_0 = -1$ continues to move inward in D_+ ; in other words, the distant observers recognize the shell as an absorber of all null rays hitting the shell.

By taking the square of Eq. (A14) and using the relation

$$A_{\rm L}^2 - A_{\rm R}^2 = \frac{b_{\rm i}^2 F_+^3}{4V^4 R^2},\tag{A19}$$

we obtain

$$\omega_{\rm o} = \frac{2\omega_{\rm i}}{F_+} V^2 A_{\rm L}.$$
 (A20)

Then, by regarding ω_0 as a function of L, ω_i , R, and V, we have

$$\frac{\partial \omega_{\rm o}}{\partial L} = \frac{2\omega_{\rm i}}{F_+} V^2 \frac{\partial A_{\rm L}}{\partial L} = \frac{2b_{\rm i}V^2}{R^2} \sqrt{\frac{1 + \frac{F_+}{V^2}}{1 - \frac{b_{\rm i}^2}{R^2}F_+}} > 0. \quad (A21)$$

This result implies that ω_0 of the reflected null ray that can go away is bounded from the value with $L = \omega_i b_{cr}$. When b_i is equal to b_{cr} , A_R vanishes, and hence

$$1 - \frac{b_o^2}{R^2} F_+ = 0 \tag{A22}$$

holds; the reflected null ray has a vanishing radial component of l^a . In this case, Eq. (A6) leads to

$$\omega_{\rm o}|_{b_{\rm i}=b_{\rm cr}} = \frac{\omega_{\rm i}F_+}{2V^2 + F_+}.$$
 (A23)

Hence, the angular frequency of the reflected null ray is bounded from the above as

$$\omega_{\rm o} < \frac{\omega_{\rm i} F_+}{2V^2 + F_+}. \tag{A24}$$

For $0 < F_+ \ll 1$, the reflected null ray with $\epsilon_0 = +1$ suffers indefinitely large redshift, i.e., $\omega_0 \ll \omega_i$. Note that, in the case of V = 0, i.e., the static shell, $\omega_0 = \omega_i$. The redshift of the reflected null ray is caused by the contraction of the shell.

2. Transmitted case

We study the redshift of a null ray in the case that it is transmitted through the shell. The null ray is assumed to be in D_+ initially, enter D_- , and then return to D_+ . We are interested in the case that when the null ray returns from $D_$ to D_+ , the radius R of the shell is very close to the gravitational radius $2M_+$; here our attention is concentrated at the moment of this return. The angular frequency and the impact parameter of the null ray in D_- are denoted by $\omega_$ and b_- , respectively, whereas those of the null ray after returning to D_+ are denoted by ω_+ and b_+ , respectively.

The inequality $l_a n^a > 0$, or equivalently,

$$1 + \epsilon \sqrt{\left(1 + \frac{1}{V^2}\right) \left(1 - \frac{b_-^2}{R^2}\right)} > 0 \qquad (A25)$$

should hold just before the null ray hits the shell in D_- , where V has been defined as Eq. (A7). Equation (A25) is necessarily satisfied if ϵ is equal to unity. On the other hand,

$$b_{-} > \frac{R}{\sqrt{V^2 + 1}} \tag{A26}$$

should hold in the case of $\epsilon = -1$. We will study these cases separately. But in both cases, the continuity of $l_a \hat{\phi}^a$ leads to

$$\omega_{-}b_{-} = \omega_{+}b_{+}. \tag{A27}$$

Since it is nontrivial whether ϵ is equal to +1 after entering D_+ , ϵ in D_+ is denoted by ϵ_+ .

First, we consider the case of $\epsilon = -1$ in D_{-} . In the transmitted case, all components of l^{a} should be everywhere continuous; the continuity of $l_{a}u^{a}$ leads to

$$\omega_{-} \left[\sqrt{1 + \frac{1}{V^{2}}} - \sqrt{1 - \frac{b_{-}^{2}}{R^{2}}} \right]$$
$$= \frac{\omega_{+}}{F_{+}} \left[\sqrt{1 + \frac{F_{+}}{V^{2}}} + \epsilon_{+} \sqrt{1 - \frac{b_{+}^{2}}{R^{2}}} F_{+} \right], \qquad (A28)$$

whereas the continuity of $l_a n^a$ leads to

$$\omega_{-} \left[1 - \sqrt{\left(1 + \frac{1}{V^{2}}\right) \left(1 - \frac{b_{-}^{2}}{R^{2}}\right)} \right]$$
$$= \frac{\omega_{+}}{F_{+}} \left[1 + \epsilon_{+} \sqrt{\left(1 + \frac{F_{+}}{V^{2}}\right) \left(1 - \frac{b_{+}^{2}}{R^{2}}F_{+}\right)} \right], \quad (A29)$$

where $F_+ = F_+(R)$. As in the reflected case, by dividing each side of Eq. (A28) by each side of Eq. (A29) and further by a few manipulations, we have

$$B_{\rm L}\sqrt{1-\frac{b_+^2}{R}F_+} = \epsilon_+ B_{\rm R},\qquad(A30)$$

where

$$B_{\rm L} = \sqrt{1 + \frac{1}{V^2}} \left(\sqrt{1 + \frac{F_+}{V^2}} + \sqrt{1 - \frac{b_-^2}{R^2}} \right) - \sqrt{\left(1 + \frac{F_+}{V^2}\right) \left(1 - \frac{b_-^2}{R^2}\right)} - 1, \qquad (A31)$$

$$B_{\rm R} = \sqrt{1 + \frac{F_+}{V^2}} + \sqrt{1 - \frac{b_-}{R^2}} - \sqrt{1 + \frac{1}{V^2}} \\ \times \left[\sqrt{\left(1 + \frac{F_+}{V^2}\right) \left(1 - \frac{b_-^2}{R^2}\right)} + 1 \right].$$
(A32)

Since we have

$$\left(1 + \frac{1}{V^2}\right) \left(\sqrt{1 + \frac{F_+}{V^2}} + \sqrt{1 - \frac{b_-^2}{R^2}}\right)^2 - \left[\sqrt{\left(1 + \frac{F_+}{V^2}\right) \left(1 - \frac{b_-^2}{R^2}\right)} + 1\right]^2 = \frac{1}{V^2} \left(\sqrt{1 + \frac{F_+}{V^2}} + \sqrt{1 - \frac{b_-^2}{R^2}}\right)^2 + \frac{b_-^2 F_+}{V^2 R^2} > 0,$$
 (A33)

 $B_{\rm L} > 0$ holds. We also have

$$\begin{split} &\left(\sqrt{1+\frac{F_{+}}{V^{2}}}+\sqrt{1-\frac{b_{-}^{2}}{R^{2}}}\right)^{2}-\left(1+\frac{1}{V^{2}}\right)\left[\sqrt{\left(1+\frac{F_{+}}{V^{2}}\right)\left(1-\frac{b_{-}^{2}}{R^{2}}\right)}+1\right]^{2}\\ &=-\frac{1}{V^{2}}\left[\sqrt{\left(1+\frac{F_{+}}{V^{2}}\right)\left(1-\frac{b_{-}^{2}}{R^{2}}\right)}+1\right]^{2}+\frac{b_{-}^{2}F_{+}}{V^{2}R^{2}}\\ &=-\frac{1}{V^{2}}\left[\sqrt{\left(1+\frac{F_{+}}{V^{2}}\right)\left(1-\frac{b_{-}^{2}}{R^{2}}\right)}+1+\frac{b_{-}\sqrt{F_{+}}}{R}\right]\left[\sqrt{\left(1+\frac{F_{+}}{V^{2}}\right)\left(1-\frac{b_{-}^{2}}{R^{2}}\right)}+1-\frac{b_{-}\sqrt{F_{+}}}{R}\right]\\ &=-\frac{1}{V^{2}}\left[\sqrt{\left(1+\frac{F_{+}}{V^{2}}\right)\left(1-\frac{b_{-}^{2}}{R^{2}}\right)}+1+\frac{b_{-}\sqrt{F_{+}}}{R}\right]\\ &\times\left[\sqrt{\left(1+\frac{F_{+}}{V^{2}}\right)\left(1-\frac{b_{-}^{2}}{R^{2}}\right)}+1-\frac{b_{-}}{R}+\frac{b_{-}}{R}(1-\sqrt{F_{+}})}\right]<0, \end{split} \tag{A34}$$

where, in the last inequality, we have used the fact that $b_-/R \le 1$ and $\sqrt{F_+} < 1$, and hence $B_{\rm R} < 0$ holds. Through Eq. (A28), this result implies that ϵ_+ is equal to -1. This result implies that in the case of $\epsilon_- = -1$, the null ray keeps going inward even after returning to D_+ and is effectively absorbed by the contracting shell.

Next, we consider the case of $\epsilon = +1$ in D_- . By the similar argument to the case of $\epsilon = -1$ in D_- , the continuity of $l_a u^a$ leads to

$$\omega_{-} \left[\sqrt{1 + \frac{1}{V^{2}}} + \sqrt{1 - \frac{b_{-}^{2}}{R^{2}}} \right]$$
$$= \frac{\omega_{+}}{F_{+}} \left[\sqrt{1 + \frac{F_{+}}{V^{2}}} + \epsilon_{+} \sqrt{1 - \frac{b_{+}^{2}}{R^{2}}} F_{+} \right], \qquad (A35)$$

whereas the continuity of $l_a n^a$ leads to

$$\omega_{-} \left[1 + \sqrt{\left(1 + \frac{1}{V^{2}}\right) \left(1 - \frac{b_{-}^{2}}{R^{2}}\right)} \right]$$
$$= \frac{\omega_{+}}{F_{+}} \left[1 + \epsilon_{+} \sqrt{\left(1 + \frac{F_{+}}{V^{2}}\right) \left(1 - \frac{b_{+}^{2}}{R^{2}}F_{+}\right)} \right].$$
(A36)

By dividing each side of Eq. (A35) by each side of Eq. (A36) and by a few simple manipulations, we have

$$C_{\rm L}\sqrt{1-\frac{b_+^2}{R^2}F_+} = \epsilon_+C_{\rm R},$$
 (A37)

where

$$C_{\rm L} = \sqrt{1 + \frac{F_+}{V^2}} \left(\sqrt{1 + \frac{1}{V^2}} + \sqrt{1 - \frac{b_-^2}{R^2}} \right) - \sqrt{\left(1 + \frac{1}{V^2}\right) \left(1 - \frac{b_-^2}{R^2}\right)} - 1, \qquad (A38)$$

$$C_{\rm R} = -\sqrt{1 + \frac{1}{V^2}} - \sqrt{1 - \frac{b_-^2}{R^2}} + \sqrt{1 + \frac{F_+}{V^2}} \\ \times \left[\sqrt{\left(1 + \frac{1}{V^2}\right) \left(1 - \frac{b_-^2}{R^2}\right)} + 1 \right].$$
(A39)

By the similar prescription to that in the case of B_L , we can see $C_L > 0$. Hence, C_R should be positive so that ϵ_+ is equal to +1, although the sign of C_R is nontrivial. In order to know it, we study the following quantity:

$$\begin{aligned} \mathcal{C}_{\mathrm{R}} &\coloneqq \left(1 + \frac{F_{+}}{V^{2}}\right) \left[\sqrt{\left(1 + \frac{1}{V^{2}}\right) \left(1 - \frac{b^{2}_{-}}{R^{2}}\right)} + 1\right]^{2} \\ &- \left(\sqrt{1 + \frac{1}{V^{2}}} + \sqrt{1 - \frac{b^{2}_{-}}{R^{2}}}\right)^{2} \\ &= \frac{F_{+}}{V^{2}} \left[\sqrt{\left(1 + \frac{1}{V^{2}}\right) \left(1 - \frac{b^{2}_{-}}{R^{2}}\right)} + 1\right]^{2} - \frac{b^{2}_{-}}{V^{2}R^{2}} \\ &= \frac{F_{+}}{V^{2}} \left[\sqrt{\left(1 + \frac{1}{V^{2}}\right) \left(1 - \frac{b^{2}_{-}}{R^{2}}\right)} + 1 + \frac{b_{-}}{R\sqrt{F_{+}}}\right] \\ &\times \left[\sqrt{\left(1 + \frac{1}{V^{2}}\right) \left(1 - \frac{b^{2}_{-}}{R^{2}}\right)} + 1 - \frac{b_{-}}{R\sqrt{F_{+}}}\right]. \end{aligned}$$
(A40)

 C_R is positive, if and only if C_R is positive. We can see that C_R is positive if and only if

$$\sqrt{\left(1+\frac{1}{V^2}\right)\left(1-\frac{b_-^2}{R^2}\right)} + 1 - \frac{b_-}{R\sqrt{F_+}} > 0 \qquad (A41)$$

holds. If

$$\frac{b_-}{R\sqrt{F_+}} \le 1 \tag{A42}$$

is satisfied, Eq. (A41) holds. By contrast, in the case of

$$\frac{b_-}{R\sqrt{F_+}} > 1, \tag{A43}$$

we rewrite Eq. (A41) in the form

$$\sqrt{\left(1+\frac{1}{V^2}\right)\left(1-\frac{b_-^2}{R^2}\right)} > \frac{b_-}{R\sqrt{F_+}} - 1 \qquad (A44)$$

and take the square of its both sides and, as a result, obtain

$$[(V^2+1)F_++V^2]\frac{b_-^2}{R^2}-2V^2\sqrt{F_+}\frac{b_-}{R}-F_+<0.$$
 (A45)

Then, we have

$$\frac{V^2\sqrt{F_+} - \sqrt{(V^2+1)(V^2+F_+)F_+}}{(V^2+1)F_+ + V^2} < \frac{b_-}{R} < \frac{V^2\sqrt{F_+} + \sqrt{(V^2+1)(V^2+F_+)F_+}}{(V^2+1)F_+ + V^2}.$$
 (A46)

In order that the intersection between Eqs. (A43) and (A46) is not empty,

$$\sqrt{F_+} < \frac{V^2 \sqrt{F_+} + \sqrt{(V^2 + 1)(V^2 + F_+)F_+}}{(V^2 + 1)F_+ + V^2} \quad (A47)$$

should hold. We are interested in the case of $F_+ \ll 1$ in which this inequality is satisfied. Hence, in the case of $F_+ \ll 1$, C_R is positive if and only if

$$b_{-} < b_{\rm cr} \tag{A48}$$

holds, where

$$b_{\rm cr} \coloneqq \frac{R[V^2 \sqrt{F_+} + \sqrt{(V^2 + 1)(V^2 + F_+)F_+}]}{(V^2 + 1)F_+ + V^2} \quad (A49)$$

holds.

By using

$$C_{\rm L}^2 - C_{\rm R}^2 = \frac{b_-^2 F_+}{V^4 R^2},$$
 (A50)

we have from Eq. (A37)

$$\omega_+ = \omega_- V^2 C_{\rm L}.\tag{A51}$$

As in the reflected case, by regarding ω_+ as a function of *L*, ω_- , *R*, and *V*, we have

$$\frac{\partial \omega_{+}}{\partial L} = \omega_{-} V^{2} \frac{\partial C_{L}}{\partial L} = \frac{b_{-} V^{2}}{R^{2}} \frac{\sqrt{1 + \frac{1}{V^{2}}} - \sqrt{1 + \frac{F_{+}}{V^{2}}}}{\sqrt{1 - \frac{b^{2}}{R^{2}}}} > 0.$$
(A52)

Hence, ω_+ of the null ray with $\epsilon_+ = +1$ that can escape to infinity is bounded from above by the value of $\omega_+|_{b_-=b_{cr}}$. Since $C_{\rm R}|_{b_-=b_{cr}} = 0$ holds, we have, from Eq. (A50),

$$C_{\rm L}|_{b_{-}=b_{\rm cr}} = \frac{b_{\rm cr}\sqrt{F_{+}}}{V^2 R}.$$
 (A53)

Substituting Eq. (A53) into Eq. (A51), we have

$$\omega_+|_{b_-=b_{\rm cr}} = \omega_- \frac{b_{\rm cr}\sqrt{F_+}}{R}, \qquad (A54)$$

and hence, in the case of V > 0,

$$\omega_{+} < \omega_{+}|_{b_{-}=b_{cr}} = \frac{\omega_{-}F_{+}}{V(\sqrt{V^{2}+1}-V)}[1+\mathcal{O}(F_{+})].$$
 (A55)

This result implies that the transmitted null ray going away to infinity suffers indefinitely large redshift in the limit of $F_+ \rightarrow 0$. Note that in the case of V = 0, i.e., the static shell, the angular frequency ω_+ of the transmitted null ray is the same as that of the incident null ray, in D_+ . The redshift of the transmitted null ray is caused by the contraction of the shell.

APPENDIX B: CONSERVATION OF THE FOUR-MOMENTUM

We show that the "four-momentum conservation" (44) is consistent with the Bianchi identity $\nabla_a T^{ab} = 0$. The stressenergy tensor of shell I (I = 0, 2, 3) is written in the form

$$T^{ab}_{(I)} = S^{ab}_{(I)}\delta(\chi_{(I)}), \tag{B1}$$

where $\delta(x)$ is Dirac's delta function, and $\chi_{(I)}$ is the Gaussian normal coordinate: shell *I* is located at $\chi_{(I)} = 0$.

We introduce a coordinate system $(\tau, \chi, \hat{\theta}, \hat{\phi})$ for the neighborhood of the decay event *d* to which the coordinates $(\tau, \chi) = (0, 0)$ are assigned. The coordinate χ is the Gaussian normal coordinate associated with the hypersurface Σ that agrees with the world hypersurface of shell 0 in D_0 and D_1 and is a C^{1-} extension of the world hypersurface of shell 0 in D_2 , and hence χ agrees with $\chi_{(1)}$ in D_0 and D_1 . The coordinate basis vectors are chosen so that they are C^{1-} and agree with $(u^a_{(0)}, n^a_{(0)}, \hat{\theta}^a, \hat{\phi}^a)$ defined as Eqs. (38)–(41) at the decay event *d*. We use the same notation for the coordinate basis as this tetrad basis.

By using the introduced coordinate basis, the stress energy tensors of the shells are written in the form

$$T^{ab}_{(0)} = (\sigma_{(0)}u^a_{(0)}u^b_{(0)} + P_{(0)}H^{ab})\delta(\chi),$$
(B2)

$$T^{ab}_{(1)} = \left(\sigma_{(1)}u^a_{(1)}u^b_{(1)} + P_{(1)}H^{ab}\right)\delta(\chi - X_{(1)}(\tau)) \left|\frac{\partial\chi_{(1)}(\tau,\chi)}{\partial\chi}\right|^{-1},$$
(B3)

$$T^{ab}_{(2)} = \left(\sigma_{(2)}u^a_{(2)}u^b_{(2)} + P_{(2)}H^{ab}\right)\delta(\chi - X_{(2)}(\tau)) \left|\frac{\partial\chi_{(2)}(\tau,\chi)}{\partial\chi}\right|^{-1},$$
(B4)

where $\chi = X_{(J)}(\tau)$ with $X_{(J)}(0) = 0$ represents the world hypersurface of shell J (J = 1, 2). We have

$$\frac{\partial \chi_{(1)}(\tau,\chi)}{\partial \chi} = (d\chi_{(1)})_a \left(\frac{\partial}{\partial \chi}\right)^a, \tag{B5}$$

$$\frac{\partial \chi_{(2)}(\tau,\chi)}{\partial \chi} = \left(d\chi_{(2)}\right)_a \left(\frac{\partial}{\partial \chi}\right)^a,\tag{B6}$$

where, at the decay event d,

$$(d\chi_{(1)})_a = \epsilon_{(1)}\sqrt{\Gamma_{(1)}^2 - 1}u_a^{(0)} + \Gamma_{(1)}n_a^{(0)}, \qquad (B7)$$

$$(d\chi_{(2)})_a = \epsilon_{(2)}\sqrt{\Gamma_{(2)}^2 - 1}u_a^{(0)} + \Gamma_{(2)}n_a^{(0)},$$
 (B8)

and

$$\left(\frac{\partial}{\partial\chi}\right)^a = n^a_{(0)}.\tag{B9}$$

Hence, we have

$$\frac{\partial \chi_{(1)}(\tau,\chi)}{\partial \chi} = \Gamma_{(1)}, \qquad (B10)$$

$$\frac{\partial \chi_{(2)}(\tau,\chi)}{\partial \chi} = \Gamma_{(2)}.$$
 (B11)

We integrate the Bianchi identity $\nabla_b T^{ab} = 0$ over the small neighborhood of the decay event *d* shown in Fig. 17: the domain of integration is chosen so that the shells do not intersect the boundaries $\chi = \pm \varepsilon/2$. Only shell 0 intersects the boundary $\tau = -\delta/2$, whereas only shell 1 and shell 2 intersect the boundary $\tau = +\delta/2$. Then, we have

$$\begin{split} 0 &= \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\epsilon/2}^{+\epsilon/2} d\chi \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\theta} \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\phi} \sqrt{-g} \, u_b^{(0)} \nabla_a T^{ab} \\ &= \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\epsilon/2}^{+\epsilon/2} d\chi \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\theta} \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\phi} \sqrt{-g} \left[\nabla_a (T^{ab} u_b^{(0)}) - T^{ab} \nabla_a u_b^{(0)} \right] \\ &= \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\epsilon/2}^{+\epsilon/2} d\chi \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\theta} \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\phi} (\sqrt{-g} T^{ab} u_b^{(0)}) + \mathcal{O}(\epsilon^2 \delta) \\ &= \int_{-\epsilon/2}^{+\epsilon/2} d\chi \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\theta} \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\phi} [\sqrt{-g} (T^{tb}_{(1)} u_b^{(0)} + T^{tb}_{(2)} u_b^{(0)})]_{\epsilon=+\delta/2} - \sqrt{-g} T^{tb}_{(0)} u_b^{(0)}|_{\epsilon=-\delta/2} \right] \\ &+ \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\theta} \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\phi} (\sqrt{-g} T^{\chi b} u_b^{(0)}|_{\epsilon=+\epsilon/2} - \sqrt{-g} T^{\chi b} u_b^{(0)}|_{\epsilon=-\epsilon/2}) \\ &+ \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\phi} \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\phi} (\sqrt{-g} T^{\hat{\phi} b} u_b^{(0)}|_{\hat{\theta}=+\epsilon/2} - \sqrt{-g} T^{\hat{\phi} b} u_b^{(0)}|_{\hat{\theta}=-\epsilon/2}) \\ &+ \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\phi} \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\theta} (\sqrt{-g} T^{\hat{\phi} b} u_b^{(0)}|_{\hat{\theta}=+\epsilon/2} - \sqrt{-g} T^{\hat{\phi} b} u_b^{(0)}|_{\hat{\theta}=-\epsilon/2}) \\ &+ \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\phi} \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\theta} (\sqrt{-g} T^{\hat{\phi} b} u_b^{(0)}|_{\hat{\theta}=+\epsilon/2} - \sqrt{-g} T^{\hat{\phi} b} u_b^{(0)}|_{\hat{\theta}=-\epsilon/2}) \\ &= \int_{-\epsilon/2}^{+\epsilon/2} d\chi \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\phi} \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\theta} (\sqrt{-g} T^{\hat{\phi} b} u_b^{(0)}|_{\hat{\theta}=+\epsilon/2} - \sqrt{-g} T^{\hat{\phi} b} u_b^{(0)}|_{\hat{\theta}=-\epsilon/2}) + \mathcal{O}(\epsilon^2 \delta) \\ &= \int_{-\epsilon/2}^{+\epsilon/2} d\chi \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\phi} \int_{-\epsilon/2}^{+\epsilon/2} d\hat{\phi} \left[\frac{\sqrt{-g}}{u_t^{(0)}} (T^{ab}_{(1)} u_b^{(0)} + T^{ab}_{(2)} u_b^{(0)}) u_a^{(0)} \right|_{\tau=+\delta/2} - \frac{\sqrt{-g}}{u_t^{(0)}} T^{ab}_{(0)} u_b^{(0)}|_{\tau=-\delta/2} \right] + \mathcal{O}(\epsilon^2 \delta) \\ &= \frac{\sqrt{-g}}{u_t^{(0)}}} (\sigma_{(1)} \Gamma_{(1)} + \sigma_{(2)} \Gamma_{(2)} - \sigma_{(0)}) \epsilon^2 + \mathcal{O}(\epsilon^2 \delta), \end{split}$$
(B12)

where we have used the finiteness of $\nabla_a u_b$ in the third equality, $T^{ab}|_{\chi=\pm\varepsilon/2} = 0$ due to the situation we consider (see Fig. 17), and $T^{ab}\hat{\theta}_a u_b|_{\hat{\theta}=+\varepsilon/2} = T^{ab}\hat{\theta}_a u_b|_{\hat{\theta}=-\varepsilon/2}$ and



FIG. 17. The domain of integration is schematically depicted by a dashed square.

 $T^{ab}\hat{\phi}_a u_b|_{\hat{\phi}=+\epsilon/2} = T^{ab}\hat{\phi}_a u_b|_{\hat{\phi}=-\epsilon/2}$ due to the spherical symmetry in the fourth equality, and $u_a^{(0)}|_{\tau=\pm\delta/2} = u_a^{(0)}|_{\tau=0}[1 + \mathcal{O}(\delta)]$ and Eqs. (B2)–(B4) in the final equality. Hence, in the limit of $\delta \to 0$, by multiplying Eq. (B12) by $4\pi r_d^2$, we obtain Eq. (46).

By similar manipulations to those in Eq. (B12), we have

$$\begin{split} 0 &= \int_{-\delta/2}^{+\delta/2} d\tau \int_{-\varepsilon/2}^{+\varepsilon/2} d\chi d\hat{\theta} d\hat{\phi} \sqrt{-g} \, n_b^{(0)} \nabla_a T^{ab} \\ &= \int_{-\varepsilon/2}^{+\varepsilon/2} d\chi d\hat{\theta} d\hat{\phi} \bigg[\frac{\sqrt{-g}}{u_{\tau}^{(0)}} (T_{(1)}^{ab} n_b^{(0)} + T_{(2)}^{ab} n_b^{(0)}) u_a^{(0)} \bigg|_{\tau=+\delta/2} \\ &- \frac{\sqrt{-g}}{u_{\tau}^{(0)}} T_{(0)}^{ab} n_b^{(0)} u_a^{(0)} \bigg|_{\tau=-\delta/2} \bigg] + \mathcal{O}(\varepsilon^2 \delta) \\ &= -\frac{\sqrt{-g}}{u_{\tau}^{(0)}} \Big(\varepsilon_{(1)} \sigma_{(1)} \sqrt{\Gamma_{(1)}^2 - 1} + \varepsilon_{(2)} \sigma_{(2)} \sqrt{\Gamma_{(2)}^2 - 1} \Big) \varepsilon^2 \\ &+ \mathcal{O}(\varepsilon^2 \delta). \end{split}$$
(B13)

Hence, in the limit of $\delta \rightarrow 0$, by multiplying Eq. (B12) by $4\pi r_d^2$, we obtain Eq. (47).

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