

# Prevalence, antimicrobial resistance and multiple-locus variable-number tandem-repeat analysis profiles of diarrheagenic Escherichia coli isolated from different retail foods

メタデータ	言語: English 出版者: Elsevier 公開日: 2018-06-27 キーワード (Ja): キーワード (En): diarrheagenic Escherichia coli, EAST1EC, MLVA, food, antimicrobial resistance 作成者: 王, 麗麗, 中村, 寛海, 鹿毛-中台, 枝里子, 原-工藤, 由起子, 西川, 禎一 メールアドレス: 所属: Dalian University of Technology, Osaka City University, Osaka City Institute of Public Health and Environmental Sciences, Osaka City University, National Institute of Health Sciences, Osaka City University
URL	<a href="https://ocu-omu.repo.nii.ac.jp/records/2019908">https://ocu-omu.repo.nii.ac.jp/records/2019908</a>

# Prevalence, antimicrobial resistance and multiple-locus variable-number tandem-repeat analysis profiles of diarrheagenic *Escherichia coli* isolated from different retail foods

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<b>Citation</b>	International Journal of Food Microbiology, 249: 44-52
<b>Issue Date</b>	2017-05-16
<b>Type</b>	Journal Article
<b>Textversion</b>	author
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<b>DOI</b>	10.1016/j.ijfoodmicro.2017.03.003

Self-Archiving by Author(s)  
Placed on: Osaka City University

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2 **tandem-repeat analysis profiles of diarrheagenic *Escherichia coli* isolated from**  
3 **different retail foods**

4

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15 Running head: Discrimination of diarrheagenic *Escherichia coli*

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22 **ABSTRACT**

23 Diarrheagenic *E. coli* (DEC) isolates were recovered from local retail markets and the Osaka  
24 Municipal Central Wholesale Market in Japan. Retail food samples were collected for analysis in  
25 Osaka Japan from 2005 to 2008 and consisted of 32 beef, 28 pork, 20 poultry, 136 fish, 66 fruits  
26 and vegetables and 51 ready-to-eat (RTE) food samples. A total of 82 DEC strains were  
27 recovered from 64 (19%) food samples with the highest prevalence in poultry (100%, 20/20),  
28 followed by pork (54%, 15/28), beef (28%, 9/32), fruits and vegetables (12%, 8/66), fish (6.6%,  
29 9/136) and RTE foods (5.9%, 3/51). Most of the strains belonged to *E. coli* possessing the  
30 enteroaggregative *E. coli* (EAEC) heat-stable enterotoxin 1 (EAST1) gene (EAST1EC; n=62,  
31  $P<0.0001$ ) and enteropathogenic *E. coli* (EPEC; n=16,  $P<0.01$ ), whereas only 1 strain belonged  
32 to Shiga toxin-producing *E. coli* (STEC), 1 to EAEC and 2 to enterotoxigenic *E. coli* (ETEC)  
33 strains. Of the 82 DEC isolates, 22 O and 13 H serogroups were detected, including some specific  
34 serogroups (O91, O103, O115, O119, O126, and O157) which have been associated with human  
35 diarrheal infections. Phylogenetic group A and B1 were predominant among the DEC isolates.  
36 Antimicrobial resistance to tetracycline was most common (49%), followed by nalidixic acid  
37 (28%), ampicillin (24%), sulfamethoxazole/trimethoprim (20%), and cephalothin (18%). All  
38 isolates were susceptible to aztreonam. Of the resistant strains, 44% (22/50) demonstrated  
39 resistance to more than 3 antimicrobial agents. Isolates resistant to more than 5 antimicrobials  
40 were only found in the meat samples, while isolates from the fruits and vegetables as well as RTE  
41 foods showed resistance to only 1 or 2 antimicrobial agents. Sixty one percent of EAST1EC, 56%  
42 of EPEC and all of the EAEC and ETEC were resistant to at least 1 antimicrobial agent.  
43 Multiple-locus variable-number tandem repeat analysis (MLVA) was used in this study for  
44 genotyping of DEC. The 82 isolates collected for this study showed 77 distinct MLVA profiles

45 located among 3 branches. The Simpson's Index of Diversity ( $D$ ) was 99.9% at its highest. The  
46 high diversity of these food strains would suggest their originating from a variety of sources and  
47 environments. In conclusion, retail food samples in Japan were contaminated with DEC;  
48 EAST1EC, a putative DEC, were detected at high rates in poultry, pork and beef. Isolates  
49 resistant to more than 3 antimicrobials were found only in raw meat and fish. Food animals may  
50 act as the reservoir for multi-resistant bacteria. Due to the finding that nearly 1/3 of EAST1EC  
51 strains were resistant to more than 3 antimicrobials, additional surveillance for EAST1EC should  
52 be initiated.

53

54 Keywords: diarrheagenic *Escherichia coli*, EAST1EC, MLVA, food, antimicrobial resistance

## 55 1. Introduction

56 *Escherichia coli* are widespread commensal bacteria found in humans and animals and some  
57 of them cause both animal and human infections (Kalita et al., 2014). *E. coli* causing intestinal  
58 diseases have been categorized as diarrheagenic *E. coli* (DEC) and classified into six well-  
59 described categories including EPEC, STEC or enterohemorrhagic *E. coli* (EHEC), ETEC,  
60 EAEC, enteroinvasive *E. coli* (EIEC) and diffusely adherent *E. coli* (DAEC) (Kaper et al., 2004).

61 The *astA* gene encoding EAEC heat-stable enterotoxin 1 (EAST1) was initially detected in  
62 EAEC (Nataro and Kaper, 1998) and subsequently has been detected quite frequently in other  
63 DEC pathotypes including EPEC, ETEC, and EHEC (Kameyama et al., 2015; Sirikaew, 2014;  
64 Wang et al., 2013). Although the role of EAST1 in human disease still remains to be clarified,  
65 EAST1EC, defined as an *E. coli* possessing only the *astA* as a possible virulence gene, has been  
66 implicated in several outbreaks (Nishikawa et al., 1999; Zhou et al., 2002).

67 Food borne diseases are an important public health problem not only in developing countries  
68 but also in developed countries. Numerous outbreaks have been reported to the national  
69 surveillance and reporting systems of many countries (Crowe et al., 2015; Inatsu et al., 2015;  
70 Moon et al., 2014). Animal meat and dairy products can be easily contaminated by *E. coli* during  
71 slaughter and subsequent handling. Numerous studies have revealed that animal meat and dairy  
72 products are important transmission routes of DEC to cause human infections. DEC strains were  
73 present on 2.84 and 0.75% of dairy products and meat products including beef, pork goat, lamb  
74 meat and poultry, respectively (Canizalez-Roman et al., 2013). Additionally, raw fish such as  
75 Sushi and ready-to-eat (RTE) foods are consumed without further cooking which is considered to  
76 be a potential risk because of contamination by microorganisms during processing and storage  
77 (Jain et al., 2008; Terajima et al., 1999; Yu et al., 2016). Furthermore, food borne disease

78 outbreaks associated with fresh fruits and vegetables, especially leafy green vegetables, have  
79 been increasing in occurrence worldwide (Herman et al., 2015; Hyde R. 2011; Kozak et al.,  
80 2013).

81 According to our previous studies, EPEC and EAST1EC are frequently isolated from  
82 diarrheal patients (Nishikawa et al., 2002) and are most prevalent among healthy individuals  
83 (Fujihara et al., 2009) and domestic animals (unpublished data). These bacteria seem to play  
84 important roles in the cause of sporadic diarrheal illnesses. However, the transmission routes of  
85 foodborne DEC have not yet been clarified. The aim of this study was to reveal the current  
86 condition of DEC contamination in Japanese retail food products and the possible role of food  
87 acting as a vehicle for the pathogens, particularly EPEC and EAST1EC, based on the prevalence  
88 of antimicrobial resistance and their phylogenetic relationship. To the knowledge, this is the first  
89 survey concerned with the extensive isolation of DEC strains from various Japanese food  
90 products, including poultry, pork, beef, fruits and vegetables, fish and RTE foods.

91

## 92 **2. Materials and methods**

### 93 *2.1. Sampling and DEC isolation*

94 A total of 333 food samples (136 fish, 66 fruit and vegetables, 51 RTE foods, 32 beef, 28 pork  
95 and 20 poultry samples) were obtained from local retail markets and the Osaka Municipal Central  
96 Wholesale Market in Osaka, Japan from 2005 to 2008. The samples were transported in a cooling  
97 bag and examined immediately after arrival at the laboratory. Food samples (10 g) were  
98 homogenized in 90 ml of Brain Heart Infusion Broth (BHI, Nissui Pharmaceutical Company,  
99 Tokyo, Japan) using a Masticator (IUL Instrument, Barcelona, Spain). The BHI was then  
100 decanted into a 200 ml Erlenmeyer Flask through a paper strainer attached to a Stomacher bag,

101 and then incubated for 3 h at 37°C to resuscitate damaged cells. The cultured BHI was transferred  
102 to a 500 ml flask and mixed with an equal amount of double-strength Tryptone Phosphate Broth  
103 (TP, prepared according to the FDA manual), and the mixture was then incubated for 20 h at  
104 44°C in a water bath. This enrichment broth was streaked onto Tricolor Agar Plates (Elmex,  
105 Tokyo, Japan) and/or Eosin Methylene Blue Plates (EMB, Nissui) to assess the presence of  
106 coliform and fecal *E. coli*. Enrichment broth cultures were screened for the 7 pathogenic *E. coli*  
107 (EPEC (*eae*), STEC (*stx1*, *stx2*), ETEC (*elt*, *est* for STh and *est* for STp), EIEC (*virB*), EAEC  
108 (*aggR*), EAST1EC (*astA*), and DAEC (*afaB*)) by the Multiplex Real-Time PCR method (Hidaka  
109 et al., 2009), and DEC strains were isolated by the previously developed HGMP-Colony  
110 Hybridization method (Wang et al., 2011).

## 111 2.2. Serotyping

112 Eighty-two DEC isolates (62 EAST1EC, 16 EPEC, 2 ETEC, 1 STEC and 1 EAEC) were  
113 serotyped with 50 specific O antisera and 22 specific H antisera designed for pathogenic *E. coli*  
114 (Denka Seiken Company, Tokyo, Japan), according to the manufacturer's protocol, and the  
115 bacterial motility was confirmed using the method described by Arikawa et al. (2010). Isolates  
116 that did not react with any of the O and H antisera examined were classified as OUT (O antisera  
117 untypeable) and HUT (H antisera untypeable), and non-motile strains were denoted as HNM  
118 (non-motile).

119

## 120 2.3. Phylogenetic group determination

121 Eighty-two DEC strains were classified into the four major phylogenetic groups (A, B1, B2,  
122 or D) as proposed by Clermont et al. (2000) based on the presence or absence of the genes *chuA*  
123 and *yjaA* and the DNA fragment *tspE4C2* determined using a two-step triplex PCR protocol.

124

125 *2.4. Antimicrobial susceptibility testing*

126 Antimicrobial susceptibility testing to 12 antimicrobials was carried out in the 82 DEC  
127 isolates by the Disk Diffusion Method on Mueller Hinton II Agar (Becton Dickinson, Franklin  
128 Lakes, NJ). The standard procedure of the Clinical and Laboratory Standards Institute (CLSI)  
129 M100-S25 (CLSI, 2015) was followed throughout the testing procedure.

130 The concentration of the disks (Becton Dickinson, Franklin Lakes, NJ) and the abbreviations  
131 of the antimicrobial agents which were used throughout this study are amoxicillin/clavulanic acid  
132 (AMC: 20/10 µg), ampicillin (AMP: 10 µg), aztreonam (ATM: 30 µg), cefoxitin (FOX: 30 µg),  
133 ceftriaxion (CRO: 30 µg), cephalothin (CEP: 30 µg), chloramphenicol (CHL: 30 µg),  
134 ciprofloxacin (CIP: 5 µg), gentamicin (GEN: 10 µg), nalidixic acid (NAL: 30 µg),  
135 sulfamethoxazole/trimetroprim (SXT: 23.75/1.25 µg) and tetracycline (TET: 30 µg). The isolates  
136 were classified as susceptible, intermediate, or resistant according to the zone diameter  
137 interpretative standard recommendations by CLSI-M100-S25. Confirmation of ESBL production  
138 was carried out by the Combination Disc Diffusion Test with clavulanic acid (CLSI-M100-S25,  
139 2015) while AmpC DEC production was confirmed according to the description in a previous  
140 study (Yagi et al., 2005).

141

142 *2.5. Multiple-locus variable-number tandem-repeat analysis (MLVA) typing*

143 The relationship among the DEC strains was determined by exploring polymorphisms in 10  
144 variable-number tandem repeat (VNTR) loci, and primers were constructed in order to amplify  
145 the targets in all species where the loci were present as described by Lindstedt et al. (2007) and  
146 Løbersli et al. (2012). The PCR reactions were performed with GoTaq Flexi DNA Polymerase

147 and dNTPs set (Promega, Madison, WI) and the KAPA2G Fast Multiplex PCR Kit (Kapa  
148 Biosystems, Cape Town, South Africa) according to the manufacturer's recommendations and the  
149 previous description (Lindstedt et al., 2007; Løbersli et al., 2012). After the PCR amplifications,  
150 samples were prepared for capillary electrophoresis on an ABI-3130 Genetic Analyzer (Applied  
151 Biosystems, Foster City, CA) as described by Lindstedt et al. (2007) and Løbersli et al. (2012).

152

### 153 *2.6. Proposed allele designations*

154 For each locus, the following formulae were varied in order that the strains gave the best  
155 conversion to actual repeat numbers: CVN001:  $([OP \text{ (observed PCR product size)}+3]-250)/39$ ,  
156 CVN002:  $(OP-272)/18$ , CVN003:  $(OP-404)/15$ , CVN004:  $(OP-231)/15$ , CVN007:  
157  $(OP-314)/18$ , CVN014:  $([OP+2]-111)/6$ , CVN015:  $(OP-189)/6$ , CCR001:  $(OP-131)/59$ ,  
158 CVN016:  $([OP+2]-478)/6$  and CVN017:  $([OP+3]-202)/6$ . To best fit the data, all VNTR repeat  
159 numbers were rounded to the nearest whole repeat, while the CRISPR repeat numbers were  
160 rounded down to the nearest full repeat as described by Lindstedt et al. (2007) and Løbersli et al.  
161 (2012). Absence of PCR product is designated with a negative number (-2), and zero (0) is used  
162 to describe a positive PCR product containing no repeats. The results are always reported in the  
163 following order: CVN001, CVN002, CVN003, CVN004, CVN007, CVN014, CVN015,  
164 CCR001, CVN016 and CVN017. All Dendrograms and Minimum Spanning Trees (MST) were  
165 constructed using BioNumerics Version 5.10 (Applied Maths, Saint-Martens-Latem, Belgium).

166

### 167 *2.7 Statistics*

168 The differences between the DEC strains isolated from the different food sources were tested  
169 for significance by performing a Chi-squared Test with Fisher's Exact Probability Test. Simpson's

170 Index of Diversity ( $D$ ) was calculated according to the formulas described by Hunter and Gaston  
171 (1988).

172

### 173 **3. Results**

#### 174 *3.1. DEC detection and isolation from food samples*

175 A total of 82 DEC strains were isolated from 333 food samples. Overall, 19% (n=64) of the  
176 333 samples were positive for DEC (Table 1). The isolation rate from poultry was significantly  
177 higher than those from other types of food samples ( $P<0.0002$ ). Similarly, DEC isolates were  
178 more prevalent among pork than fish, fruits and vegetables and RTE foods samples ( $P<0.0001$ ).  
179 Beef samples showed a higher DEC isolation rate than fish and RTE food samples ( $P<0.01$ ).  
180 Most of the strains isolated from the 333 food samples belonged to EAST1EC (n=62,  $P<0.0001$ )  
181 and EPEC (n=16,  $P<0.01$ ), whereas only 1 belonged to STEC, 1 to EAEC and 2 to ETEC strains.

182

#### 183 *3.2. Prevalence of serotypes*

184 Of the 82 DEC isolates, 24 (29%) strains didn't respond to any of the O and H antisera, and  
185 the remaining isolates belonged to 22 O and 13 H serogroups (Table 2 and Fig. 1). In the 31 O-  
186 identifiable strains, O8 (four strains) and O18 (four strains) were the most frequent serogroups,  
187 followed by O91, O103 and O126 with 2 strains each while 1 strain each was detected in the  
188 other 17 O serogroups. In contrast, H16, H12, H6, H9, H34 and H40 were identified in 12, 9, 3,  
189 3, 3, and 3 DEC isolates of 44 H-discriminable strains, respectively. Interestingly, 1 EAST1EC  
190 isolate from pork responded to both O20 and O157 antisera.

191

#### 192 *3.3. Phylogenetic grouping*

193 Phylogenetic grouping of the 82 DEC isolates showed that 37 (45%), 27 (33%), 5 (6.1%), and  
194 13 (16%) belonged to the phylogenetic groups A, B1, B2 and D, respectively, as shown in Table  
195 3. Phylogenetic group A was predominant among EAST1EC (50%), while group B1 was  
196 prevalent in EPEC (38%), and all of the pathogenic strains of STEC, EAEC and ETEC belonged  
197 to the phylogroups A and B1. Phylogenetic group A was predominant among almost 50% of the  
198 strains obtained from beef (45%), pork (50%), poultry (54%) and RTE foods (50%), while group  
199 B1 was most prevalent in fish (38%) and fruit and vegetable (50%) samples (date not shown). No  
200 B2 strains were isolated from beef, poultry or RTE samples. Statistically significant differences  
201 were not obtained in the distribution of phylogenetic groups among the isolates from each food  
202 source.

203

#### 204 *3.4. Antimicrobial susceptibility testing*

205 A total of 50 (61%) isolates from the food samples were resistant to at least 1 antimicrobial  
206 agent, while 32 (39%) isolates were sensitive to all the 12 antimicrobials tested in this study  
207 (Table 4). Poultry isolates showed a higher resistant rate than pork ( $P<0.05$ ) and fish ( $P<0.01$ ).  
208 Antimicrobial resistant strains were significantly more prevalent in poultry ( $P<0.001$ ) and pork  
209 ( $P<0.05$ ) samples than fruits and vegetables.

210 Resistance was observed to TET (49%), NAL (28%), AMP (24%), SXT (20%), and CEP  
211 (18%) as shown in Table 5. A low prevalence of resistance (from 1.2 to 7.3% of strains) was  
212 detected for the remaining agents and no ATM resistant strains were detected in the DEC isolates  
213 in this study. The poultry isolates had the greatest resistance to TET (77%,  $P<0.001$ ), followed by  
214 beef (55%,  $P<0.05$ ), pork (50%,  $P<0.05$ ), RTE foods (50%) and fish (15.4%) while no TET  
215 resistant strains were isolated from fruits and vegetables. A significant difference in TET resistant

216 properties was also observed between strains isolated from poultry and fish ( $P<0.001$ ). Similarly,  
217 6 (55%) isolates from beef and 14 (54%) isolates from poultry were resistant to NAL and both of  
218 these were significantly higher than the isolates obtained from fish (7.7%), pork (5%) and fruits  
219 and vegetables (0%) with  $P$  values of  $P<0.05$ . Additionally, significant differences in SXT  
220 resistant properties were observed between strains isolated from pork and fish ( $P<0.05$ ).

221 Only 30% of the drug resistance strains (15/50) were resistant to only 1 antimicrobial agent  
222 (Table 4), while 35 (70%) showed multi-resistance (resistance to 2 or more antimicrobials). The  
223 highest degree of resistance was exhibited by an EAST1EC strain in a beef sample, which was  
224 resistant to 9 antimicrobial agents. Most of the drug resistant strains from beef (5/7, 71%) and  
225 fish (3/5, 60%) were resistant to more than 3 antimicrobial agents. Isolates resistant to more than  
226 5 antimicrobials were only found in meat samples, while isolates from fruits and vegetables and  
227 RTE foods showed resistance to only 1 or 2 antimicrobial agents.

228 ESBL and AmpC Producing Conformation Tests were performed for 3 DEC strains (1  
229 EAST1EC from poultry and beef, and the EAEC from fish), which are marked with underline in  
230 Fig 1. Two EAST1EC strains showed the results for ESBL minus but AmpC plus, including the  
231 one which displayed the highest degree of resistance to 9 antimicrobial agents.

232 From the point of view of DEC pathotypes, 61% of EAST1EC, 56% of EPEC and all of the  
233 EAEC and ETEC were resistant to at least 1 antimicrobial agent (Table 6). However, the only 1  
234 STEC, which was positive for *stx2*, wasn't resistant to any of the antimicrobials tested. About  
235 31% of EAST1ECs were resistant to more than 3 antimicrobials. In contrast, ETEC strains and a  
236 high rate of 44% EPEC strains showed resistance to 1 or 2 antimicrobials. The only 1 EAEC  
237 strain was resistant to 4 antimicrobials.

238 Combined with the results of phylogenetic grouping (Table 7), antimicrobial resistant strains

239 were prevalent in the phylogenetic groups D (69%), A (68%) and B1 (56%). However, only 1  
240 resistant strain was recognized in group B2. All group A and B1 strains from poultry were  
241 resistant to 1 or more antimicrobials; except for 1 EAST1EC strain in group A (Table 4 and 7).

242

### 243 3.5. Multiple-locus variable-number tandem-repeat analysis (MLVA) typing

244 MLVA typing divided the 82 DEC strains into 78 distinct profiles with 74 of unique and four  
245 pairs of identical MLVA loci pattern marked in black squares, indicating high polymorphism in  
246 the samples tested (Fig. 1). The resolution for DEC isolates was determined by GECM10 Assay  
247 with a Simpson's Index of Diversity ( $D$ ) value of 99.9%. The isolates could be principally  
248 discriminated by alleles of locus CVN014 ( $D = 90.3\%$ ), followed by those of loci CVN016 ( $D =$   
249  $69.9\%$ ) and CVN001 ( $D = 68.2\%$ ).

250 The MLVA typing was independent from the serotyping since 12 strains of serogroup H16, 9  
251 of H12, 4 each of O8 and O18, and 2 O126 strains were widely scattered on the dendrogram  
252 (Table 2 and Fig. 1). Ten of 16 EPEC strains centered around 2 adjacent regions. Four pairs of  
253 isolates were assigned to the same MLVA types. Two pairs consisted of isolates of the same O  
254 serogroup or the virogroup ETEC. However, 1 pair was composed of an EAST1EC strain  
255 obtained from fruits and vegetables and 1 STEC strain obtained from beef.

256 A Minimum Spanning Tree (MST) was constructed to investigate the phylogenetic  
257 relationship of the 82 food-borne DEC isolates in Fig. 2. The central stem strain marked in the  
258 red circle belonged to EAST1EC, which was isolated from a beef sample and resistant to 9  
259 antimicrobial agents. Two fish, 1 pork and 1 fruit and vegetable isolates were branched in the  
260 distinctly green group clearly separated from the other isolates. The strains which demonstrated  
261 resistance to 1 or 2 antimicrobials were prevalent in the periphery of the MST, while multi-drug

262 resistant strains were more predominant near the central branch with the core (red circle) of a 9-  
263 antimicrobial resistant strain from beef, although some of the strains were located outwards from  
264 the core.

265

#### 266 **4. Discussion**

267 The epidemiological properties of 82 DEC strains from 333 food samples were examined to  
268 determine the risk of foods being used as a vehicle for transmission by DEC. The prevalence of  
269 DEC was 6.0% (20/333) in this study (Table 1), which did not include EAST1EC because the  
270 enterovirulence was not confirmed yet. This rate was higher than that reported from Mexico  
271 (1.1%) (Canizalez-Roman et al., 2013), Iran (4.0%) (Mazaheri et al., 2014) and Colombia (2.1%)  
272 (Amézquita-Montes et al., 2015), although higher prevalence (45%) than this study (30%, 6/20)  
273 in poultry has been reported from Finland (Kagambèga et al., 2012). These results suggested that  
274 the higher DEC isolation rate observed in this study may not necessarily imply serious DEC  
275 contamination in food in Japan, but rather, the efficient isolation procedure (colony hybridization)  
276 used (Wang et al., 2011) might have contributed to the relatively higher recovery of the DEC  
277 strains.

278 All the 82 DEC strains were analyzed for O and H antigens. Although the isolates of  
279 EAST1EC and EPEC belonged to various O and H groups, most of them did not belong to the  
280 epidemiologically important O serogroups. However, some EPEC strains were identified as O103  
281 and O115, which have been reported to be clinically important serogroups and are associated  
282 with outbreaks of gastroenteritis (MacDonald et al., 2012; Saito et al., 2005), and some  
283 EAST1EC strains were recognized as O119, O126, and O157, which are considered to be  
284 specific serotypes of EPEC or STEC (Kobayashi et al., 2013; Tozzoli et al., 2014). The only

285 STEC isolated from beef in the present investigation was serotype O91:H21. The only EAEC  
286 strain isolated from fish was serotype O126: HUT, which contains the heat stable enterotoxin  
287 gene *astA* and is usually found among EAEC that cause diarrhea in humans (Silva et al., 2014).  
288 The serotyping results of the 2 ETEC isolates in this study revealed that a strain from poultry was  
289 untypeable, while the ETEC isolated from a RTE food sample was serotype O127a: HUT that  
290 was reportedly associated with a food poisoning outbreak in China (Hao et al., 2012). Therefore,  
291 a few DEC stains isolated from this study with specific O serogroups appeared to be potentially  
292 harmful to consumers. Additionally, phylogenetic grouping could be effective for assessing the  
293 pathogenicity of these strains further. All hemolytic uremic syndrome (HUS)-associated STEC  
294 strains (Haugum et al., 2014) and more than half of the EPEC strains (Staples et al., 2013; Wang  
295 et al., 2013) isolated from diarrhea patients are from the phylogroup B1. Phylogenetic grouping  
296 examined in this study and other surveys indicated that group A and B1 were predominant among  
297 the DEC isolates from foods, consistent with the findings reported by previous studies (Koo et  
298 al., 2012; Siriwan-Sirikaew et al., 2015; Ombarak et al., 2016). The same results have also been  
299 found in the studies of domestic animals (Ishii et al., 2007; Coura et al., 2015). It is suggested that  
300 DEC, especially the group B1 of EPEC, contaminating food products might have a potential of  
301 intestinal infection.

302 Antimicrobial susceptibility testing of isolates by the Disc Diffusion Method indicated that  
303 DEC isolated from foods in this study showed a high resistant rate of 61% (50/82), while 43%  
304 (35/82) of the DEC strains were resistant to multiple antimicrobial agents. Similar results were  
305 reported from Mexico (Canizalez-Roman et al., 2013; Gómez-Aldapa et al., 2016) Greece  
306 (Solomakos et al., 2009) and Thailand (Siriwan-Sirikaew et al., 2015) with the high resistant rate  
307 of 66-100%. Resistances to TET, AMP, and SXT among DEC strains isolated from food samples

308 are also common in other reports (Canizalez-Roman et al., 2013; Teophilo et al., 2002). Despite  
309 the high isolation rates in chicken (Abdallah et al., 2015; Pacholewicz et al., 2015), no ESBL  
310 producing *E. coli* was found in this study. However, EAST1EC showed a high multi-drug  
311 resistant rate of 31% (more than 3 antimicrobials) including 2 strains of AmpC-producing  
312 EAST1EC. Since EAST1EC has been associated with outbreaks in Japan (Nishikawa et al., 1999;  
313 Zhou et al., 2002; Ishiguro et al., 2005), foodborne EAST1EC could be important not only as an  
314 enteric pathogen, but also as a source of the resistance genes.

315 The phylogenetic group D strains showed the highest antimicrobial resistant rate of 69%  
316 (9/13), although the isolation rate (16%) of the DEC of group D was lower than groups A (45%)  
317 and B1 (33%). The level of resistance to different antimicrobials varied according to the source  
318 of the isolates and phylogenetic grouping. DEC isolates from meat and poultry showed a higher  
319 resistance rate than those from other sources, which might be due to the common use of  
320 antimicrobials for the prevention and treatment of diseases in the animals in which the food have  
321 come from (Canizalez-Roman et al., 2013).

322 The phylogenetic relationship and the distance of the 82 DEC isolates in this study were  
323 further discriminated by the GECM10 assay of Lindstedt et al. (2007) and Løbersli et al. (2012)  
324 and the *D* value reached 99.9%. Similarly, diversity index values as high as 97% and 96% for the  
325 GECM10 assay was observed in Argentina in a set of 72 non-O157:H7 VTEC isolates analyzed  
326 (González et al., 2014) and 32 shigatoxin-producing *E. coli* O26:H11 strains isolated from  
327 animals, food and clinical samples (Krüger et al., 2015), respectively. The high *D* values  
328 observed in this study and previous reports suggest the sufficient discriminating power for the  
329 GECM10 assay in DEC epidemiological surveys. The isolates could be principally discriminated  
330 by the alleles of the locus CVN014 ( $D = 90.3\%$ ), CVN016 ( $D = 69.9\%$ ) and CVN001 ( $D =$

331 68.2%), which also reconfirmed the primary discrimination power in previous reports (González  
332 et al., 2014; Krüger et al., 2015). The high diversity of DEC strains found in the current study  
333 suggested that these contaminating bacteria may have come from a variety of sources and  
334 environments. Multiple DEC strains could be transferred through food manufacturing,  
335 transportation and handling processes. Four pairs of isolates presented identical MLVA loci  
336 pattern (Fig. 1), suggesting that these are sets of homologous strains isolated from different  
337 sources. However, 1 pair was composed of different pathotypes of DEC (EAST1EC and STEC).  
338 Similar results were also reported in a raw milk and raw milk cheese analyzed by PFGE in Egypt  
339 (Ombarak et al., 2016). The distribution of strains in MST was independent of the food sample  
340 (Fig. 2).

341 In conclusion, retail food samples in Japan could be contaminated with DEC, particularly  
342 EAST1EC and EPEC, and high contamination rates were observed in poultry, pork and beef. It is  
343 suggested that fur and gastrointestinal tracts of pre-slaughter animals, especially chicken might  
344 carry a great number of bacteria. In addition, multiple antimicrobial resistances were among DEC  
345 isolated from retail foods, especially meat samples; food animals should act as the reservoir for  
346 multi-resistant bacteria. The prevalence of EAST1EC and EPEC among human including healthy  
347 carriers must be a reflection of their prevalence in foods. The finding that nearly 1/3 of  
348 EAST1EC being resistant to more than 3 antimicrobials suggests that EAST1EC is presumably  
349 worth being monitored nevertheless the diarrheogenicity has not been recognized yet.

350

### 351 **Acknowledgments**

352 This study was partially supported by a grant from the Ministry of Health, Labour and  
353 Welfare of Japan, and a Follow-up Research Fellowship of the Japanese Student Services

354 Organization.

355

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**Table 1.** Isolation of DEC from food samples\*

DEC	Number (%) of DEC strains						
	Total (n=333)	Beef (n=32)	Pork (n=28)	Poultry (n=20)	Fish (n=136)	Fruits and vegetables (n=66)	RTE foods (n=51)
EAST1EC	62 (19) <sup>§</sup>	9 (28)	15 (54)	20 (100)	7 (5.1)	8 (12)	3 (5.9)
EPEC <sup>#</sup>	16 (4.8)	1 (3.1)	5 (18)	5 (25)	5 (3.7)		
STEC	1 (0.3)	1 (3.1)					
EAEC	1 (0.3)				1 (0.7)		
ETEC	2 (0.6)			1 (5)			1 (2.0)
Total samples <sup>‡</sup>	64 (19)	9 (28) <sup>ac‡</sup>	15 (54) <sup>a</sup>	20 (100) <sup>b</sup>	9 (6.6) <sup>d</sup>	8 (12) <sup>cd</sup>	3 (5.9) <sup>d</sup>
Total <sup>†</sup>	82	11	20	26	13	8	4

\* DEC: diarrheogenic *E. coli*; EAST1EC: EAEC heat-stable enterotoxin 1 possessing *E. coli*; EPEC: enteropathogenic *E. coli*; STEC: Shiga toxin-producing *E. coli*; EAEC: enteroaggregative *E. coli*; ETEC: enterotoxigenic *E. coli*; RTE foods: ready to eat foods

<sup>§</sup> Numbers in brackets mean the percentage of DEC from food samples

<sup>#</sup> Phylogroups of the strains are as follows: 1 B1 strain from beef; 3 B1, 1 B2, and 1 D strains from pork; 3 A, 1 B1, and 1 D strains from poultry; 1 A, 2 B1, 1 B2, and 1 D strains from fish

<sup>‡</sup> Number of samples that DEC strains were isolated from

<sup>†</sup> Number of DEC strains

<sup>‡</sup> Treatments with different lower case letters (a-d) in the same line are significantly different ( $P < 0.05$ )

**Table 2.** Serotypes of DEC isolated from different sources of food\*

Serotype	Number of isolates	Serotype	Number of isolates	Serotype	Number of isolates
OUT:HUT	20 (1 ETEC, 3 EPEC) #	O8:HUT	1	O91:H21	1 (STEC)
OUT:HNM	4 (1 EPEC)	O8:H16	1	O103:HUT	1 (EPEC)
OUT:H2	1	O8:H40	2 (1 EPEC)	O103:H2	1 (EPEC)
OUT:H6	2	O15:H6	1	O115:HUT	1 (EPEC)
OUT:H7	1	O18:HUT	1	O119:H45	1
OUT:H10	2 (1 EPEC)	O18:H9	1	O124:HUT	1
OUT:H12	4 (2 EPEC)	O18:H12	2	O126:HUT	2 (1 EAEC)
OUT:H16	10 (3 EPEC)	O20:HUT	1 (EPEC)	O127a:HUT	1 (ETEC)
OUT:H34	3 (1 EPEC)	O20/157:H12	1	O136:H12	1
OUT:H40	1	O27:HNM	1	O148:HUT	1
OUT:H41	1	O28ac:H16	1	O152:H12	1
OUT:H42	1	O63:H42	1	O153:H9	1
OUT:H45	1	O74:HUT	1	O158:H9	1
O1:HUT	1	O91:HUT	1		

\* DEC: diarrheogenic *E. coli*; OUT: O antisera untypeable; HUT: H antisera untypeable; HNM: non-motile strains

# Numbers and the pathogenic types of DEC were shown in brackets, and remains are EAST1EC.

**Table 3.** Distribution of phylogenetic groups among 82 DEC isolates obtained from different food sources\*

Pathotypes	Number (%) of DEC strains			
	A	B1	B2	D
EAST1EC (n=62)	31 (50) <sup>#</sup>	18 (29)	3 (5)	10 (16)
EPEC (n=16)	4 (25)	7 (44)	2 (13)	3 (19)
STEC (n=1)		1 (100)		
EAEC (n=1)		1 (100)		
ETEC (n=2)	2 (100)			
Total (n=82)	37 (45)	27 (33)	5 (6)	13 (16)

\* DEC: diarrheogenic *E. coli*; RTE foods: ready to eat foods

<sup>#</sup> Numbers in brackets mean the percentage of DEC from food samples

**Table 4.** Antimicrobial resistance patterns of DEC isolates obtained from different food sources \*

Resistance pattern (29 profiles)	Number (%) and phylogenetic groups of DEC strains						
	Total (n=82)	Beef (n=11)	Pork (n=20)	Poultry (n=26)	Fish (n=13)	Fruits and vegetables (n=8)	RTE foods (n=4)
AMP	2	1, B1		1, D			
CEP	3				2, A,B1	1, B1	
TET	6		2, AB1	3, AAB1			1, A
NAL	2			2, AA			
CHL	1		1, A				
SXT	1		1, B1				
Subtotal	15 (18) <sup>†</sup>						
AMP-TET	1			1, A			
GEN-TET	1			1, D			
TET-NAL	6	1, D		4, AAAD			1, D
TET-SXT	5		4, AAAB2	1, A			
Subtotal	13 (16)						
AMP-CEP-TET	1		1, D				
AMP-TET-NAL	2	1, A			1, D		
CEP-TET-NAL	2	1, A		1, A			
Subtotal	5 (6.1)						
AMP-AMC-CEP-TET	1				1, A		
AMP-AMC-CEP-FOX	1				1, B1		
AMP-CEP-TET-NAL	1			1, B1			
AMP-CEP-TET-SXT	1		1, D				
AMP-GEN-TET-SXT	1		1, A				
AMP-TET-NAL-SXT	1			1, A			
AMP-TET-CHL-SXT	1			1, B1			

CEP-TET-NAL-SXT	1						1, B1
GEN-TET-CIP-NAL	1						1, B1
TET-NAL-CHL-SXT	1	1, B1					
Subtotal	10 (12)						
AMP-AMC-CEP-TET-SXT	1						1, A
AMP-CEP-TET-CIP-NAL	2		1, B1				1, B1
AMP-TET-CIP-NAL-CHL	1						1, B1
AMP-TET-NAL-CHL-SXT	1	1, D					
Subtotal	5 (6.1)						
AMP-GEN-TET-CIP-NAL-SXT	1						1, A
Subtotal	1 (1.2)						
AMP-AMC-CEP-CRO-FOX-TET-NAL-CHL-SXT	1	1, A					
Subtotal	1 (1.2)						
Total	50 (61)	7 (64) <sup>abc‡</sup>	12 (60) <sup>a</sup>	23 (88) <sup>b</sup>	5 (38) <sup>ac</sup>	1 (13) <sup>c</sup>	2 (50) <sup>abc</sup>

\* DEC: diarrheogenic *E. coli*; RTE foods: ready to eat foods; AMP: Ampicillin, AMC: Amoxicillin - Clavulanic acid, CEP: Cephalothin, CRO: Ceftriaxion, FOX: Cefoxitin, ATM: Aztreonam, GEN: Gentamicin, TET: Tetracycline, CIP: Ciprofloxacin, NAL: Nalidixic acid, CHL: Chloramphenicol, SXT: Sulfamethoxazole - Trimethoprim

† Numbers in brackets mean the percentage of DEC from food samples

‡ Treatments with different lower case letters (a-c) in the same line are significantly different ( $P < 0.05$ )

**Table 5.** Antimicrobial resistance rate of DEC isolates obtained from different food sources\*

Antimicrobial resistance	Number (%) of DEC strains						
	Total (n=82)	Beef (n=11)	Pork (n=20)	Poultry (n=26)	Fish (n=13)	Fruits and vegetables (n=8)	RTE foods (n=4)
AM	20 (24) <sup>†</sup>	4 (36)	4 (20)	9 (35)	3 (23)		
AMC	4 (4.9)	1 (9.1)		1 (3.8)	2 (15)		
CF	15 (18)	2 (18)	3 (15)	5 (19)	4 (31)	1 (13)	
CRO	1 (1.2)	1 (9.1)					
FOX	2 (2.4)	1 (9.1)			1 (7.7)		
ATM							
GM	4 (4.9)		1 (5.0)	3 (12)			
Te	40 (49)	6 (55) <sup>ac‡</sup>	10 (50) <sup>ac</sup>	20 (77) <sup>a</sup>	2 (15) <sup>bc</sup>	0(0) <sup>b</sup>	2 (50) <sup>abc</sup>
CIP	5 (6.1)		1 (5.0)	4 (15)			
NA	23 (28)	6 (55) <sup>a</sup>	1 (5.0) <sup>b</sup>	14 (54) <sup>a</sup>	1 (7.7) <sup>b</sup>	0(0) <sup>b</sup>	1 (25) <sup>ab</sup>
C	6 (7.3)	3 (27)	1 (5.0)	2 (7.7)			
SXT	16 (20)	3 (27) <sup>ab</sup>	7 (35) <sup>a</sup>	6 (23) <sup>ab</sup>	0(0) <sup>b</sup>		

\* DEC: diarrheogenic *E. coli*; RTE foods: ready to eat foods; AMP: Ampicillin, AMC: Amoxicillin - Clavulanic acid, CEP: Cephalothin, CRO: Ceftriaxion, FOX: Cefoxitin, ATM: Aztreonam, GEN: Gentamicin, TET: Tetracycline, CIP: Ciprofloxacin, NAL: Nalidixic acid, CHL: Chloramphenicol, SXT: Sulfamethoxazole - Trimethoprim

<sup>†</sup> Numbers in brackets mean the percentage of DEC from food samples

<sup>‡</sup> Treatments with different lower case letters (a-c) in the same line are significantly different ( $P < 0.05$ )

**Table 6.** Antimicrobial resistance rate of DEC isolates \*

Antimicrobial resistance	Number (%) of DEC strains					
	Total (n=82)	EAST1EC (n=62)	EPEC (n=16)	STEC (n=1)	EAEC (n=1)	ETEC (n=2)
Resistant to 1 antimicrobial	15 (18) <sup>#</sup>	10 (16)	4 (25)			1 (50)
Resistant to 2 antimicrobials	13 (16)	9 (15)	3 (19)			1 (50)
Resistant to 2 or less antimicrobials	28 (34)	19 (31)	7 (44)	0	0	2 (100)
Resistant to 3 antimicrobials	5 (6.1)	4 (6.5)	1 (6.3)			
Resistant to 4 antimicrobials	10 (12)	8 (13)	1 (6.3)		1 (100)	
Resistant to 5 antimicrobials	5 (6.1)	5 (8.1)				
Resistant to 6 antimicrobials	1 (1.2)	1 (1.6)				
Resistant to 9 antimicrobials	1 (1.2)	1 (1.6)				
Resistant to 3 or more antimicrobials	22 (27)	19 (31)	2 (13)	0	1 (100)	0
Resistant to antimicrobials	50 (61)	38 (61)	9 (56)	0	1 (100)	2 (100)

\* DEC: diarrheogenic *E. coli*; EAST1EC: EAEC heat-stable enterotoxin 1 possessing *E. coli*; EPEC: enteropathogenic *E. coli*; STEC: Shiga toxin-producing *E. coli*; EAEC: enteroaggregative *E. coli*; ETEC: enterotoxigenic *E. coli*

<sup>#</sup> Numbers in brackets mean the percentage of DEC from food samples

**Table 7.** Antimicrobial resistance rate of DEC isolates in each phylogenetic group obtained from different food sources \*

Phylogenetic group	Number (%) of DEC strains						
	Total (n=82)	Beef (n=11)	Pork (n=20)	Poultry (n=26)	Fish (n=13)	Fruits and vegetables (n=8)	RTE foods (n=4)
A (n=37)	25 (68) <sup>#</sup>	3 (60) <sup>ab†</sup>	6 (60) <sup>ab</sup>	13 (93) <sup>a</sup>	2 (50) <sup>ab</sup>	0 (0) <sup>b</sup>	1 (50) <sup>ab</sup>
B1 (n=27)	15 (56)	2 (50) <sup>abc</sup>	3 (50) <sup>abc</sup>	7 (100) <sup>a</sup>	2 (40) <sup>b</sup>	1 (25) <sup>bc</sup>	0 (0) <sup>abc</sup>
B2 (n=5)	1 (20)		1 (50)				
D (n=13)	9 (69)	2 (100)	2 (100)	3 (60)	1 (50)		1 (100)
Total	50 (61)	7 (64)	12 (60)	23 (88)	5 (38)	1 (13)	2 (50)

\* DEC: diarrheogenic *E. coli*; RTE foods: ready to eat foods

<sup>#</sup> Numbers in brackets mean the percentage of DEC from food samples

<sup>†</sup> Treatments with different lower case letters (a-c) in the same line are significantly different ( $P < 0.05$ )

## Figure legends

**Fig. 1.** Dendrogram of DEC was investigated in this study by GECM10. Four pairs of isolates that showed the identical MLVA loci pattern are marked in black squares. Three strains marked with underline were performed with ESBL and AmpC Producing Conformation Test. EAST1EC was represented by EASTEC in this figure.

**Fig. 2.** Population modelling using the Minimum Spanning Tree (MST) Method on a set of 82 DEC isolates. Each circle is noted with source and phylogenetic group while the different color of the circles indicates the antimicrobial resistant property of each strain. B: beef, P: pork, C: chicken?, F: fish, V: Fruits and vegetables, R: RTE foods. Black circle: resistant to 1 antimicrobial agent, blue circle: 2 agents, green circle: 3 agents, yellow circle: 4 agents, yellow triangle: 5 agents, yellow star: 6 agents, red circle: 9 agents, original purple circle with black edging: susceptible strains.

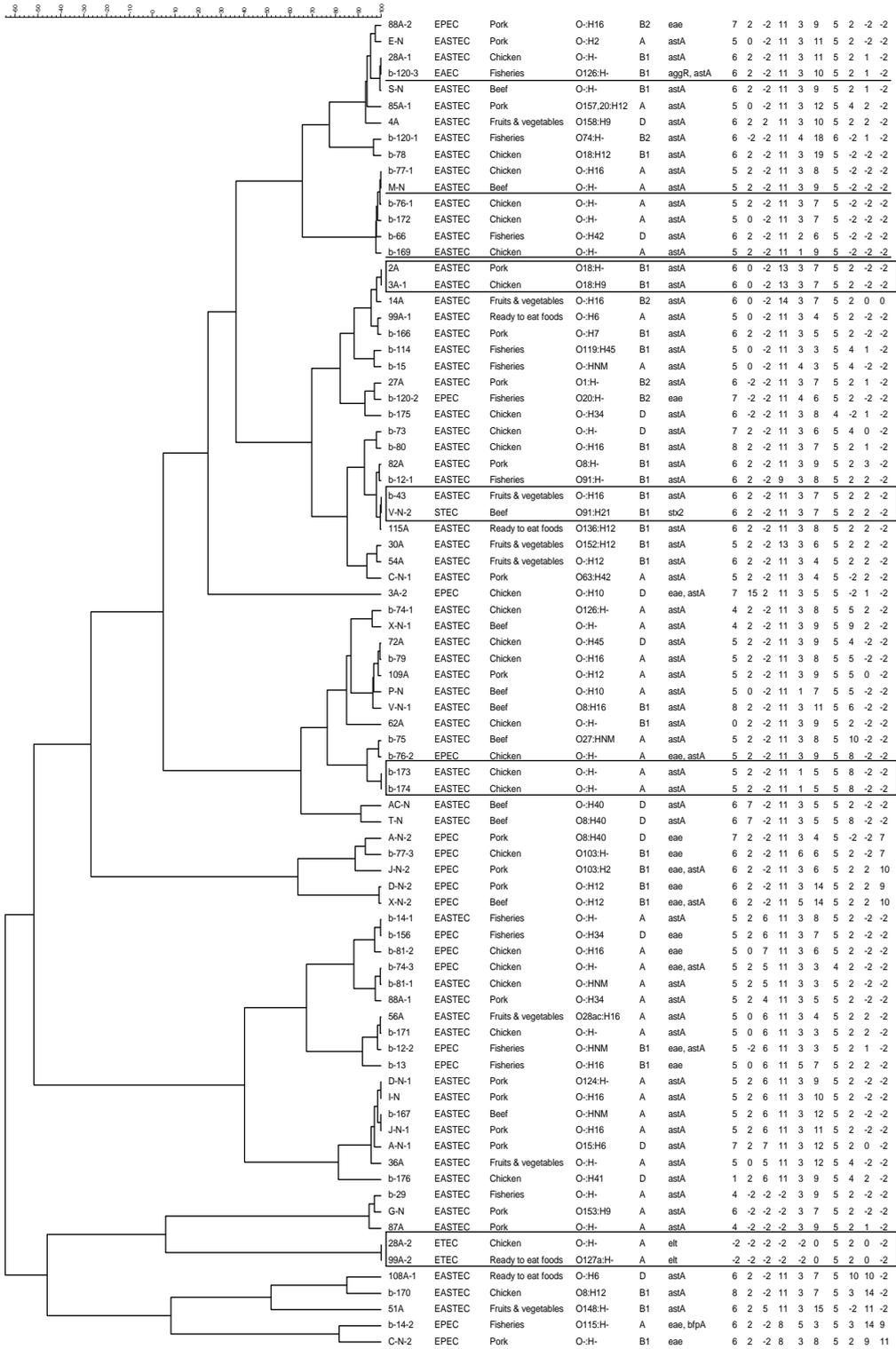


Fig. 1

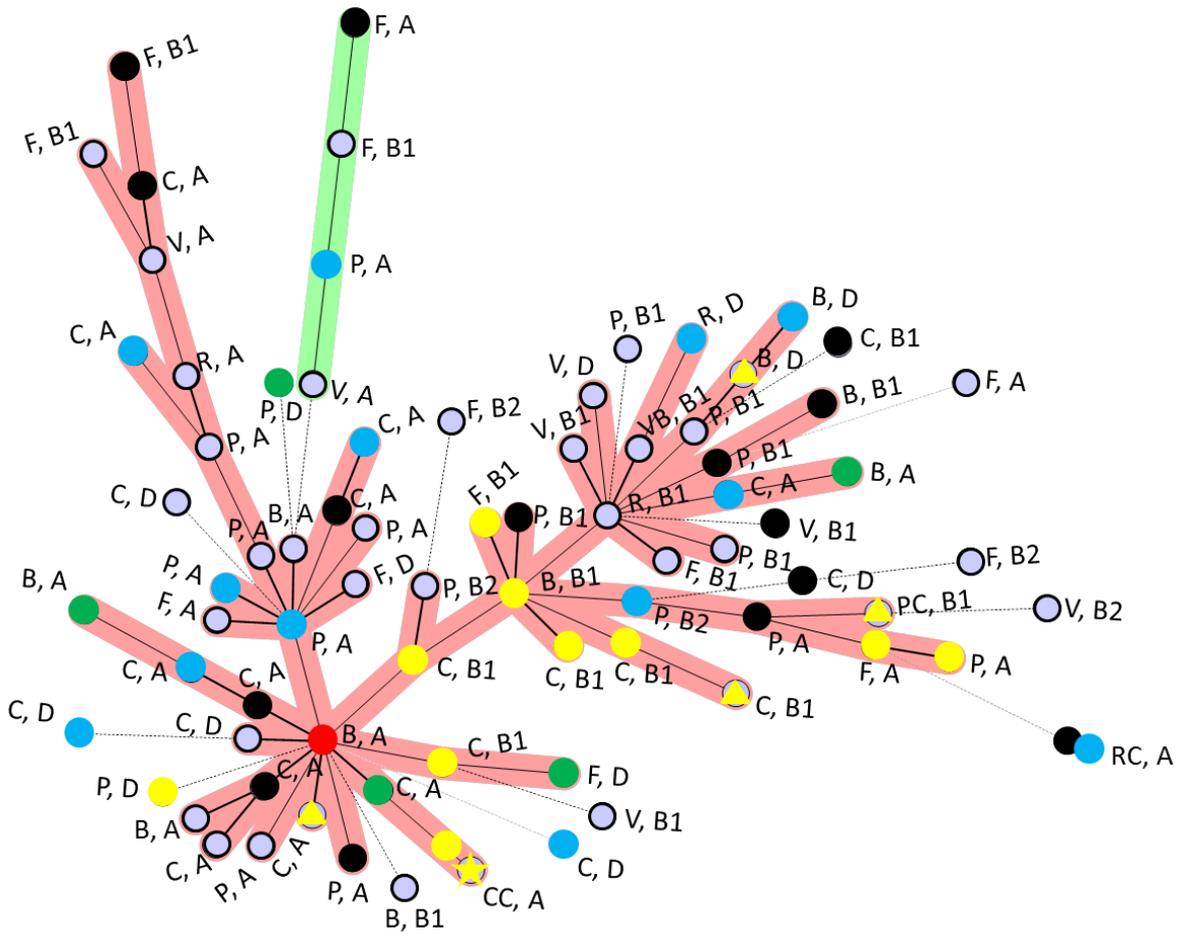


Fig. 2